

# the Messenger

PARKDALE UNITED CHURCH NEWSLETTER



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## WELCOME TO PARKDALE

Welcome to Parkdale United Church. We enjoy meeting you and being together in ministry.

Parkdale's congregation responds to God's call and Jesus' teachings by:

- a) **Uniting in joyful worship as an act of praise and gratitude, for inspiration and guidance**
- b) **Providing learning opportunities for the Christian way of life and to enhance Biblical literacy**
- c) **Supporting one another through pastoral care and concern**
- d) **Reaching out to people in need**
- e) **Promoting justice**
- f) **Praying for guidance, wisdom, and support.**

Visitors and newcomers to Parkdale, be on the lookout for our hospitality team on Sunday mornings. They wear pale yellow name tags and would be pleased to meet you and to answer questions about our worship service and about activities that go on through the week at Parkdale.

If you are visiting, please ask for a copy of the 'Welcome to Parkdale' edition of the Messenger. It has a striking goldenrod cover. Please take a copy home to read. We hope you will come again for worship and fellowship.

*The Parkdale Congregation*



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## In Brief:

### Next Communion

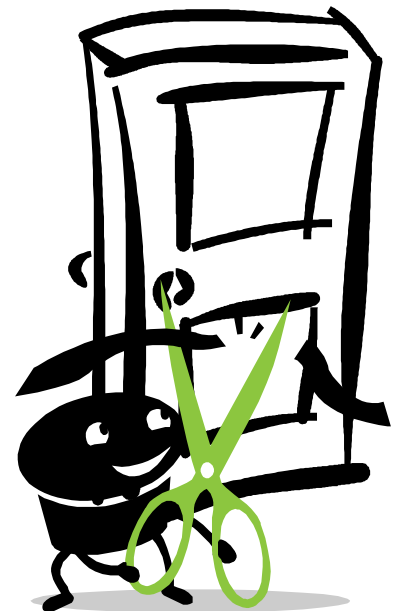
We will be celebrating the Sacrament of Holy Communion next on **Sunday, November 25**. This is a change this year from our usual first Sunday of December. Please note the change.



### Rededication of Sanctuary Doors - December 2, 2012

As many may remember, Parkdale had a fire at the southwest corner of the main sanctuary. The doors and part of the brick wall were destroyed both by the fire and the procedures the firefighters had to undertake to put out the fire. Thankfully, our wonderful Trustees got on the job and the repairs, restoration and replacement of the doors have been completed. On December 2, during

the morning worship service, Dr. Bailey will conduct a rededication ceremony to the Glory of God, for the new doors. The local neighbourhood, who helped to support financially the restoration efforts, will be invited to the ceremony. All are welcome.



### NEXT IMAGES & STORIES **Mount Everest – Base Camp.**

Join us in the Ladies' Parlour at 7:00 PM and journey with Bob Harrison to the Base Camp of Mount Everest. Fellowship and refreshments follow from 8:00 PM – 9:00PM. Friday, November 30, 2012



## MINISTER'S MESSAGE

### Being Restored and Unbound

#### How About Just Prayer

For all the bumbling that Jesus' disciples did, and all the competition and hard-headedness that they displayed, they got some very important things right. One was about the importance of prayer, even if they did not always practice this faithfully. (Luke 22: 39-46) You notice that the disciples, as far as we know, never asked Jesus, "Lord teach us how to be busier. Lord, teach us how to multitask and manage our heavy agendas more effectively." No, they did ask Jesus however, "Lord, teach us how to pray". They witnessed the regularity with which Jesus prayed; they witnessed his enduring commitment to prayer and quickly understood something of its importance in Jesus' life and ministry. The disciples longed for the intimacy they witnessed Jesus having with God and wanted in on this grace. (Luke 11:1)

Prayer, as Barbara Faught wrote



quoting St. Clement of Alexandria in the first **Unbinding Your Heart** newsletter, is "*keeping company with God*". In speaking with and listening to and for God, we are responding to God's invitation to a

loving and faith-filled relationship. In addition to that invitation we are also questing after that same intimacy with God. Deep down we know we cannot keep up the way we are going. So busy, so frazzled, so insecure, so anxious, so wounded, so self-absorbed, so fearful, driven and out of breath... God longs for us to get the memo that we are not called to **achieve** our life but rather to **receive** it. I am still trying to learn this lesson. What I know is that when I am trying to **achieve** my life, a constant companion is disappointment; I can never achieve enough. Those times when I trust God enough to **receive** my life, then I find myself in the enduring company of gratitude for who God is and what God is achieving in my life and in the world.

Prayer keeps us linked deeply with God and God's purposes for us and for the world. Prayer helps

us discern what we must pray for and how we might act to join God in answering the prayer. Prayer also reveals the hidden and sometimes "ugly" parts of ourselves; the parts we would rather not admit to. They are brought to the light of our consciousness and offered to God. The promise of God's response of healing, forgiveness and transformation, is to be trusted.

We are best able to partner with God to work on these unseemly parts of ourselves if we are experiencing and trusting the love of God. We know deep down that we need to receive love in order to give it. Pastor and scholar Dr. Craig Barnes writes: *Not only do we have to receive the love of God in order to give love to others, but we also have to receive it in order to work in freedom. As long as we are working without a conviction that we are already cherished, we will try to manipulate the workplace into our source of self-esteem... God loves us not as a necessity, but as a choice.*

Jesus modeled for us how to remain connected to God, corrected by God and directed by God. In our prayer life with God, we can "keep it real" as the teenagers used to say. Prayer for others,

prayer for peace and justice, prayer for blessing and healing and salvation, prayers of thanksgiving and joy, prayers for crises in the world...there is so much for which to pray. The truth is that sometimes prayer is hard. Of course it is often rewarding and grounding and all that; but truth be told, sometimes it can be boring and seem tedious. It is a mark of God's grace and our commitment to knowing and loving God, and to the biblical summons to pray, that we persist and surprisingly reap unexpected blessings of consolation, wonder, insight, discernment and healing. As well, we reap the joy of witnessing transformation and blessing in others for whom we and our congregation pray. God's Spirit has promised to accompany us and help us in our praying and in our life...trust this promise and welcome this presence.

Again, Barbara reminded us in her newsletter piece of Philip Yancey, who in his book called *Prayer* sums up what Jesus teaches about prayer: "*keep it honest, keep it simple, keep it up.*" I invite you to engage with the following prayer exercise. This kind of exercise is similar to those found in the prayer journal of the Unbinding your Heart initiative.

### A prayer exercise: Psalm 46:10

*Take a quiet moment and find a still place at home, work or out of doors.. Once there, take a couple of minutes to settle and then sit comfortably and start to breathe deeply and slowly. Let go of distractions and try to be in the “now” moment. Trust the One who promises... “I will be with you always” and “I will never leave you or forsake you” to indeed be with you now.*

*This may or may not be new for you. Just sit quietly and let God know you are ready to listen for God’s “voice” ...ready to be open to God’s Spirit.*

*Continue to breathe slowly...let the sheer silence envelope you....and listen. Keep breathing slowly.....slowly*

*As thoughts come, just treat them as leaves floating on the river and let them float away.. Just let your thoughts go and only focus on the longing you have to hear from God, to experience God....at some point that longing will give way to the awareness of an actual experience of God’s presence.*

*You may say: how will I know. You will know. It may not happen the first time or second time you do this...or it may. Try to set aside at least twenty minutes for this. There is no magic formula here, it is rather trusting God to draw near to us as God has promised to do I invite you to do this regularly and intentionally for at least seven days. After each day take time to note (write, remember) the experience of taking the time to do this prayer*



Your partner in pray  
anthony

### LECTIONARY FOR NOVEMBER

#### November 4 – Twenty-third after Pentecost

##### **Ruth 1:1–18**

Ruth chooses to go with Naomi.

##### **Psalm 146** (VU pp. 867–868)

I’ll praise my Maker while I’ve breath.

##### **Hebrews 9:11–14**

Christ, the high priest of good things.

##### **Mark 12:28–34**

Which commandment is the first of all?

#### November 11 – Twenty-fourth after Pentecost

### Remembrance Sunday

##### **Ruth 3:1–5; 4:13–17**

Ruth marries Boaz and restores the family line.

##### **Psalm 127** (VU p. 851)

Unless God builds the house.

##### **Hebrews 9:24–28**

Christ, the once-and-for-all sacrifice for sin.

##### **Mark 12:38–44**

The widow offers two small copper coins.

#### November 18 – Twenty-fifth after Pentecost

### Children’s Sunday

##### **1 Samuel 1:4–20**

Samuel is born to Hannah and Eli.

##### **1 Samuel 2:1–10** (VU p. 878)

The song of Hannah.

##### **Hebrews 10:11–14, (15–18), 19–25**

Provoke one another to love and good deeds.

##### **Mark 13:1–8**

Not one stone of the Temple shall be left standing.

#### November 25 – Reign of Christ

##### **2 Samuel 23:1–7**

David’s last words.

##### **Psalm 132:1–12, (13–18)** (VU pp. 854–855 Parts One and Two)

God will bless with abundance.

##### **Revelation 1:4b–8**

I am the Alpha and Omega.

##### **John 18:33–37**

Pilate asks Jesus, “Are you the King of the Jews?”





## NEWS FROM THE PEWS



**Birthdays in November**  
**Our warmest greetings to:**

Nov 1 Jenna Lester  
Nov 2 Neil McGraw  
Nov 3 Uyo-obong Akpan  
Nov 3 Ekom Akpan  
Nov 3 Rob Hilkes  
Nov 4 Barbara Baird  
Nov 5 Alex McGregor  
Nov 6 Emily Menzies  
Nov 6 Seth Hilkes  
Nov 8 Chris Halstead  
Nov 8 Alexandra Stockwell  
Nov 9 Liese Manchester  
Nov 10 Barbara Hills  
Nov 12 Jeanetta McGarry  
Nov 12 Jennifer Reid  
Nov 15 Matthew Goetz  
Nov 16 Blaine Pauling  
Nov 17 Estelle Allen  
Nov 18 Shirley Ritchie  
Nov 18 Mary Sproule  
Nov 19 Elena Dent  
Nov 21 Lorena Mason  
Nov 24 Wendy Bailey  
Nov 24 Irene Hilkes  
Nov 24 Jenna Gibbs  
Nov 24 Robin Mace  
Nov 27 Alec Anderson  
Nov 28 Gavin Baird  
Nov 30 Melanie Scott  
Nov 30 Daria Fincham  
Nov 30 Gerald Ernest



*If you would like your birthday to be a secret, please let the office know and we will leave you off the list.*

**Congratulations to John Harewood on the arrival of his 8 lbs 1 oz. granddaughter**  
**Éndeghio Shardonaye Harewood-George on September 11, 2012.**



**Celebrating Baptism** Sunday September 23rd: (Above) Donald Clark and Elizabeth Shouldice and son Samuel Drew Bruce, (Below) Matthew Baraniak and Stacey Coburn and daughter Charlotte Joy Baraniak





The Clark/Shoudice/ clan pose with Samuel Drew Bruce Clark following his baptism at Parkdale United Church



Harry Allen and family at bridge renaming celebration in honour of Harry's contributions made to the city as former Councillor and Mayor of Gloucester. Our apologies that this photo was missed in last month's Messenger article.

## Where are our former educators and what are they doing.



**Bev Buckingham** was with Parkdale from 1990 – 1994 overseeing the Christian education of our children and youth. From there she went to the Seaway Valley Presbytery, then to Mississauga, Port Nelson United Church in Burlington before returning to Ottawa recently to Kanata United Church. Here is an update on the Buckingham family.

I have two grown daughters who have played a major role in my ministry to date. Erin has used her degree in Urban Planning to do some amazing work in the not-for-profit sector until this past fall when she started a full course of study and practicum in Teacher's College. It is a joy to watch her excitement build in this

new phase of her life. Shannon owns and operates Escape Salon and Spa in Kemptville and faithfully executes her promise to keep me forever blonde! She and Trevor were married a year ago on a snowy New Year's Eve and I became the grandmother of Noah (11) and Taylor (9). I look forward to spending more time with their growing family when I once again move "home." Yes, this part of the world's home to me. I grew up in Kemptville and my Mom (an active 84-year-old) still lives in her own home there. My family is the jewel in the center of my life and I enjoy the time I spend with all of them. I love to entertain and spend time with my friends of all ages and take part in shared activities. I use my free time to walk, hike, bike, sew, quilt, scrapbook or take pictures. I enjoy traveling and a drive in the country is the perfect Sunday afternoon activity (especially if it includes a stop somewhere for an ice cream cone). I can lose myself in a book and enjoy listening to an eclectic variety of music. My guilty pleasure is watching decorating shows and I try never to miss an episode of Blue Bloods.



## How and what brought you to Parkdale ?

**Pamela Gemmell, since 2011**

It is almost a year since I started attending Parkdale United Church. The short answer to “why Parkdale?” is it made sense to attend a neighbourhood church since moving from a house on Fairmont Ave to a condo above the Irving Greenberg Theatre - but of course life is more complicated than that.

I was brought up in the Church of Scotland in Glasgow. It was the centre of family life with drama group, brownies and guides, youth group, Sunday School etc. By the time I was married and had immigrated to Ottawa in 1976 church wasn't so central. It was a friend who encouraged me to start attending a local Presbyterian church. Children were on the way and I wanted them to be exposed to the kind of church community I had growing up so I agreed and stayed in that church for 25 years. Unfortunately for vari-

ous reasons I felt I had to find another church home and eventually settled at another Presbyterian church for 4 years. However it is difficult to fit in to a new church community having been so long with one congregation. I was also getting more and more frustrated with some aspects of Presbyterian governance and policies.

So now I've made the big switch to the United Church. At Parkdale I found a church that embraced diversity and was involved in the community. I'm already enjoying being involved with the rummage sales and In from the Cold (along with my husband Jim) and I'm looking forward to getting to know people better through choir and Unbinding Your Heart.

These are challenging times for churches but already I sense Parkdale is up for the challenge. I hope I can make a positive contribution as together we work to grow both spiritually and physically as a vibrant congregation.

## Farewell to Barbara



After ten years of dedicated service, first as Staff Associate and currently as our Minister of Pastoral

Care, Barbara Faught will retire at the end of December. Over those ten years, most Parkdalers, past and present, have been touched in some way by Barbara; through her inspirational prayers and sermons, her leadership of the Pastoral Care Team, her empathetic connection with those facing stressful life situations, her visitation of the ill and shut-in or through her guidance and participation in so many of Parkdale's ministries.

As we prepare to say “au revoir”, we are providing the opportunity to all to contribute to an appropriate expression of our appreciation.

Financial contributions may be made through the regular offering envelopes, through using the Blue Envelopes in the pews or to the Office, in all cases clearly marking the envelopes “Barbara's Gift”.

Contributions by mail should be addressed to:  
Parkdale United Church, 429 Parkdale Ave., Ottawa, ON,  
K1Y 1H3

On Sunday, **December 9th**, a luncheon will be held following the service to honour Barbara's contribution to the life and ministry of Parkdale and to wish her well in her retirement. Further information on the event will come soon.





At the October 14 Special Communion service held in the Chapel, Barbara Faught was honoured for her almost 10 years of service as Parkdale's Minister of Pastoral Care. Above are Barbara, with Pastoral Care Team leader Mary McLeod and Team members Marilyn Hahn and Hazel Bowen, with Dr. Anthony Bailey in the back.



Lorraine Pearce, Jeanetta McGarry, Pauline Weidmark, and Lorine Clement are shown following the Special Communion service held last month.

## IMAGES & STORIES

### Gloria Anderson presents South Africa, Zimbabwe & Swaziland.

If anyone thought that the summer had quelled the appetite for our *Images and Stories* series, the number of people who attended this season's opening presentation proved otherwise. Twenty-four arrived for the "kick-off" supper and a total of forty-two listened intently to an interesting and informative presentation by Gloria Anderson about her trip to South Africa in March 2007. Gloria and a few members of Parkdale church went on this trip organized by the Coloured Women's Club of Montreal. Some of her traveling companions as well as friends from her Ottawa singing group were in the audience.

Once she came to terms with the fact that she had to have a

camera, Parkdale's "techy", Richard Hamley, not only helped in the purchase of the camera, but gave her a quick lesson on how to use it. Gloria then set off with her son Alec, six other men and 56 women to fulfill a life-long dream of visiting South Africa.

Her visit was very educational and, in some cases, evoked strong emotions. For example,



her visit to the Apartheid Museum, although very educational, evoked strong emotions brought about by the atrocities of apartheid. The visit to Soweto was also filled with deep emotion, seeing the stark difference between poverty and wealth existing so close to each other.



We learned also that South Africa has 3 capitals: Pretoria, the administrative capital, Cape Town, the legislative capital and Johannesburg (also the largest city) the financial capital.



She enjoyed the food and, in most cases, found it very tasty. She ventured to sample Ostrich meat but was a bit timid to try that of the Crocodile.

The visit to the stupendous Victoria Falls in Zimbabwe was unforgettable. These falls, discovered by David Livingston in 1855, are the region's most spectacular natural site. The falls are over 353 feet high and over 1 mile wide. Kruger National Park

was also amazing. The sheer size of the animals is unbelievable. The tour guides were intent that they see the 5 animals which make up the famed "Big 5": the Lion, the Buffalo, the Rhino, the Elephant and the Leopard.

A quick walk across the border into Kwazulu-Natal (Zululand) gave us wonderful pictures of an authentic Zulu village. She showed very fascinating and educational photos of the people in their native surroundings, dress and outstanding colours.

They visited Durban which she soon learned has a very



large Indian population. She was disappointed not to have had a chance to dip her feet in the Indian Ocean, having been so close to it.

The plant life is vibrant with huge Aloe Vera plants and the huge Baobab tree towering over 98 feet high and spreading about 22 – 36 feet wide. These giant trees are revered and important decisions are taken under them. The national flower is the Protea, which blooms in profusion.

In Cape Town, Gloria saw the historic "Table Mountain" which forms the backdrop of the city. Unfortunately, she did not take the cable car to the top of the mountain. However, the next stop was Robin Island, which was Nelson Mandela's prison for over 27 years. She was disturbed to visit Robin Island and see the prison cell in which Mandela spent so many years and faced such atrocities. Their guide was himself a prisoner at Robin Island and she said it was quite an experience to listen to him.

We were surprised, as Gloria was, to learn that there are Penguins in South Africa. She visited Seal Island, which boasted lots and lots of seals. This is near the Cape of Good Hope, which is the country's most southern point – *Cape Point*.

This is only a glimpse of Gloria's impressive presentation. Afterwards, we enjoyed refreshments and fellowship with one another. This was undoubtedly a good start to the season.

**NEXT IMAGES & STORIES** – Friday, November 30, 2012

**Mount Everest – Base Camp.** You cannot miss it!! Join us in the Ladies' Parlour at 7:00 PM and journey with Bob Harrison to the Base Camp of Mount Everest. Fellowship and refreshments follow from 8:00 PM – 9:00PM.

Submitted by:  
Faye Beaufort  
For MO&J's Images & Stories



## COUNCIL REPORT — SEPTEMBER 2012

### COUNCIL MEETING of September 25, 2012:

Anthony opened the meeting with a devotion based on Hebrews Ch.12., which provides encouragement for a congregation besought with acrimony and hardship, and which was the text on which Anthony spoke when addressing the North Street congregation in Jamaica earlier in September. Council was asked to think about two questions:

- 1) What in your life entangles you and holds you back from running well the 'race of life'?
- 2) What difference would it make if you had a safe person with whom to share those entanglements, and who could then be one of those to cheer you on?

Anthony asked Council members to think about what it means to persevere together and reminded us that all the pronouns in the Hebrews passage are plural. He drew the parallel with the North Street community in Jamaica, whose perseverance and strong faith resulted in the rebuilding of their

church after a devastating fire. Anthony also provided Council with a brief overview of the weeklong celebrations, which culminated in two services on Sunday, one of which included the rededication of the refurbished church. The North Street congregation presented Anthony with a certificate of appreciation to Parkdale United Church for the financial and prayer support that had contributed to their successful refurbishment. We ended the time of devotion by singing The Lord's Prayer to the tune of Kum Bah Yah.

Council proceeded to a report on Correspondence. Anthony reported that the letter of congratulations to North Street United was received to great applause.

A report on the status of the Joint Needs Assessment Committee (JNAC) was then provided. Matt Baker had received a draft report from the Committee but was unsure of the status of Presbytery review. It was agreed that the draft Report would be shared with Council

and that a separate meeting to discuss it would be held. A special meeting of Council subsequently took place on October 2, at which it was determined that the substance of the draft Report did not support its recommendations. A good discussion ensued and JNAC representatives were provided with several suggestions; the Report will be revised and resubmitted to Council at a future date. When Council has reviewed and accepted the JNAC Report, a congregational meeting will be convened to approve the recommendations of the Report, as well as to approve the members of a Search Committee. As it appears unlikely that the position will be filled until well after the current incumbent - Barbara Faught - retires on December 31, 2012, a plan for filling the gap in the interim will be developed by the Ministry and Personnel Committee.

Matt then welcomed Worship committee representatives Julee Pauling and Troy Cross and Julee led us through a comprehensive overview of the vision for music ministry at Parkdale - A 'Worship Arts Vision'. As implied by its title, the vi-

sion encompasses far more than music per se and extends an invitation to all with interests in the areas of music, drama, visual arts, sacred movement, to make themselves known and to get involved. Council was generally supportive of the vision, which is a long-term initiative. It was agreed that a Communications Strategy would be critical to the success of this initiative and that this should be rolled out as soon as possible. Information sessions for the congregation have subsequently been held immediately after church on Sundays.

Beth Gutsell provided a brief overview of the contribution of Parkdale to the United Church of Canada General Council meeting in August and extended thanks to all Parkdale people who made cookies and muffins, who picked people up at the airport and shuffled them to and from various venues, or otherwise served in various ways at the Council, including providing all the gluten-free snacks for Friday. Anthony, on behalf of Council, extended a huge vote of thanks to Beth for her tremendous coordination efforts.



## COUNCIL REPORT — CONTINUED..

### Treasurer's Report

Our Treasurer, Debbie McGregor, reported that the Finance Committee had agreed to include an item in the 2013 Budget for a 'review' of the 2012 books. The projected year-to-date deficit as of the end of August is just over \$27,000. Matt closed the meeting with prayer.

As it does at all its meetings, Council received reports from all Committees, as well as from staff.

### Ministry and Personnel

The Committee is concerned about the apparent delay in finalizing the JNAC Report and will begin to explore options with Presbytery for providing pastoral care on an interim basis. Job descriptions for all staff positions have been finalized.

### Finance Committee

The Committee had an interesting philosophical discussion about the way that financial information is presented. It was agreed that an item would be included in the 2013 Budget for

a review of Parkdale's 2012 books.

### Communications Committee

Over the summer, members of the Communications Committee assisted with the preparation of promotional materials for Unbinding Your Heart, including designing and posting pages on the website and making banners, signs, etc.

The Committee has designed a generic form that members of the congregation can sign to give their consent to post their personal information, such as name, picture, testimonial, etc. on the website. A copy of the consent form is available from Don Mocket.

### Ministry, Outreach and Justice Committee

"Images and Stories" is the only MO&J event that will continue during Unbinding Your Heart, and the series was kicked off on September 28 with a very well-attended presentation by Gloria Anderson on South Africa, Zimbabwe and Swaziland. Although there is no "Images and Stories" during October, we

will see Mount Everest, Israel, Australia and India in November 2012, January, February and March 2013.

### Property Trustees

Modernfold 'Soundmaster' accordion partitions were installed in the Junior and Senior Sunday School rooms on September 4, 2012. A vote of thanks goes out to everyone for their exceptional patience during the renovation of our Sunday School space!

Repairs to the south entrance to the sanctuary from Parkdale Avenue, required as a result of the fire on May 1, 2012, have now been completed. New carpet has been laid in the southwest tower and the new doors have been hung and stained. New panic hardware was installed and both towers have been completely re-wired.

New bicycle racks have been installed at the Gladstone and Parkdale entrances.

After hearing concerns from the Parkdale Orchestra about humidity levels in the storage room, Property trustees agreed to proceed with insulating the

wall and covering this with a vapor barrier. Work will be done with volunteer labour from the Parkdale Orchestra, with Parkdale covering the cost of the special insulation.

Property trustees are seeking additional committee members; please contact Ken Elder if you are interested in serving on this very important committee.

### Worship Committee

The Worship Committee has been actively involved over the past month in the development of the Worship Arts Vision, as referenced above.

The new model for ushering is going quite well, but more people who are willing to volunteer for a month at a time are required. Please contact David Odumodu if you feel that this is a commitment that you could make to life at Parkdale.

### Ministers' Reports

Melodee Lovering reported that, with respect to Sunday School, The Godly Play Workshop, held on June 16, appears to have provided some impetus to expand the program. Three individuals have agreed to work with three-year-olds to grade 1



in the Sunday School this fall: Maureen Cuthbertson, Ellen Andrews, and Wendy (Reid) McHenry. Camille Beaufort and Lauren Barbour have agreed to lead the grades 2-3 class; Holly Williams and Tom Grozinger will lead the grades 4-6 class; and Paul Crabtree and Melodee Lovering will teach the youth class. There are 130 children on the full registration list!

Camp Awesome was attended by about 30 children, predominantly four- to six-year-olds. The three youth who helped out with snacks and check-in did an excellent job and in their time-off they helped to make the purple "Unbinding" pins. The Queensway preschool brought in Ray's Reptile House on the Friday of Camp Awesome and our kids were invited to enjoy the show, which was a nice bonus.

Parkdale youth will be involved in a special Unbinding Your Heart group for teens aged 14-19 led by Julee and Blaine Pauling, as well as planning and delivering three Coffee shop offerings on October 14, November 4, and December 16. Preliminary planning for a pos-

sible family camping retreat next year is underway. Stay tuned for more information about this as, if it goes ahead, there will need to be a lot of volunteer support.

Anthony Bailey reported that "Unbinding Your Heart has been a major focus of his time, energy and prayer in recent weeks and months. The Coordinating Group, consisting of Helen Hayes, (overall coordinator), David Odumodu (small group leaders), Kerry Lynn Grozinger (prayer team), Anthony Bailey, Melodee Lovering, Barbara Faught, Troy Cross, Carolynn Halkett (communications), and Scott Andrews met regularly over the summer and into the fall to prepare for the 40 days of prayer and faith-sharing that started on October 8.

Anthony has also been busy with marriage preparation and weddings, officiating at two weddings; baptismal seminars and baptisms, with a total of five persons being baptized, including one adult; pastoral and spiritual counselling; and pastoral and hospital visitation.

## RECIPE

### Zucchini Loaf

(this is a wonderful recipe for the church bazaar bake table)

3 eggs	2 cups flour
2 cups sugar	1 tbsp cinnamon
1 cup oil	2 tsp baking soda
1 tsp vanilla	1 tsp salt
2 cups loosely packed, coarsely shredded zucchini	¼ tsp baking powder
	1 cup chopped nuts (optional)

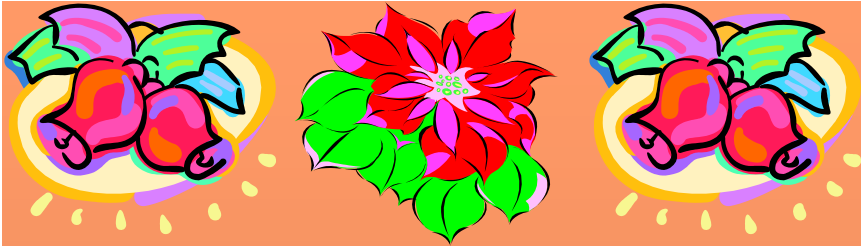
Preheat oven to 350 degrees.

Directions:

In large bowl, beat eggs until frothy. Add sugar, oil and vanilla and beat mixture until thick and lemon-coloured. (3-5 minutes!). Add zucchini. Sift remaining dry ingredients together and add to zucchini mixture. Beat until well mixed.

Oil (or spray with PAM) two loaf pans. Bake for 1 hour – check at 45 minutes – or until toothpick inserted in centre comes out clean. Let cool 10 minutes in pan then remove to cooling rack.



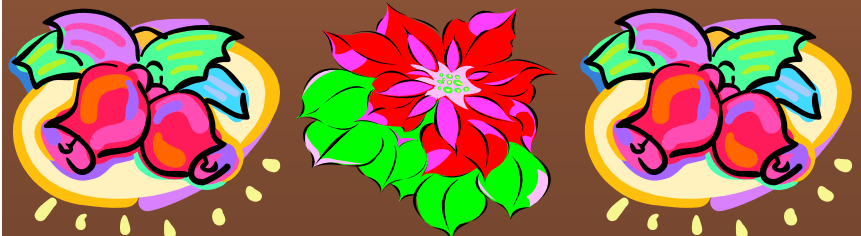


Be a part of a wonderful  
Parkdale tradition

Join us Saturday November 3<sup>rd</sup>  
10:00 a.m.-12:30 p.m.

Enjoy the fellowship and fun of our

## YULETIDE BAZAAR



For all those wishing to  
donate to the  
**YULETIDE BAZAAR**  
Baking and Gourmet  
Food Tables



Delivery of items should be **Fri-  
day Nov 2** in the afternoon or  
in the evening up to 9:00p.m.  
For evening deliveries please  
use the Gladstone parking lot  
entrance. We cannot accept  
donations Saturday morning as  
this area is particularly busy  
and time to package and price  
is not available.

**Please provide an ingredient list for all dona-  
tions.** Due to allergy concerns, any product con-  
taining nuts, dairy, fruits, etc. must  
be clearly identify.

We also receive **requests for  
gluten free baking.** If you chose  
to donate this type of product,  
again, please label and identify as  
such.





## *PRESBYTERY REPORT — OCTOBER 2012*

Ottawa Presbytery was graciously hosted by Emmanuel United Church on October 9, 2012. Following dinner, the presbytery was called to order by the Rev. George Hermanson. A time of worship exploring the theme of beauty through images, music and prayer was led by the Rev. James Murray. Don Francis, the Chair of the Council of the Emmanuel congregation, welcomed the court.

Under correspondence, it was noted that the presbytery has received a bequest from the estate of Marjorie Sparling and presbyters were asked to forward any information about her possible connections or involvements with the presbytery.

The educational presentation pertained to the Ontario Accessibility Act. It was noted that as of January 2012, places of worship were to be in compliance with the Customer Service part of the

AODA. A video available on YouTube from the Ontario Government was shown that talked about attitudes towards disability and the hopes of the Ontario Accessibility Act to create places and interactions that honour everyone's dignity, independence, opportunity for integration and equal opportunity. The standards that apply to worshipping communities are:

1. For the congregation to develop customer service policies and procedures for serving people with disabilities. The presbytery has examples of what has been done in other presbyteries and conferences. The policy & procedure must be consistent with the principles of dignity, independence, integration and equality of opportunity; must allow for use of assistive devices, service dogs; must address proper relating to support persons; must address communicating when services are out of service or not avail-

able; must provide a mechanism for persons to provide feedback on how their needs were or were not met and how to respond to complaints.

2. The provision of training for staff and/or volunteers working with the public on behalf of the community of faith. The focus of this training is: to make people more aware of what is meant by disability, to provide information about helpful communication and attitudes, to educate regarding the requirements of the AODA. Presbytery will be considering providing some training opportunities for congregations.

Carolyn Ruda, Mission and Service Fund Enthusiast for Montreal and Ottawa Confer-

ence thanked pastoral charges for their support of the fund and shared information about upcoming educational resources and events. Paul Sales, a special gift officer for the United Church talked about the new ways that the Philanthropy Unit is providing opportunities for giving, including the Gifts with Vision catalogue that has been sent to all pastoral charges and with the Observer.

The Finance Chair, the Rev. Paul Dillman presented the notices of motion for the 2013 proposed budget and the 2013 assessments. Presbyters were asked to share these with the pastoral charge treasurers so that if there are questions regarding the calculations of the assessments,

### **Christian Meditation**

"Be still and know that I am God".

Join us to experience Christian meditation, an ancient tradition of being with God in silence, also called the "prayer of the heart".

**Wednesdays at 5:30 p.m.** and

**Sundays at 9:30 a.m.** in the Ladies Parlour.

Info: Elise Mennie, [dunmenni@hotmail.com](mailto:dunmenni@hotmail.com), 819-595-1294  
or Jennifer Payne, [odumodus@sympatico.ca](mailto:odumodus@sympatico.ca), 613-692-0876



they can be raised prior to the November meeting. The proposed 2013 budget has a slight increase of just under 1%. The Finance committee also presented notices of motions for the establishment of a Resource Centre Fund with the retained assets of the Resource Centre and for a process to prepare a balanced budget for 2014.

The presbytery considered a motion which would create a new guideline regarding the disposition of assets from the sale of real property within the presbytery. The motion was approved and established a guideline of 15% of the net proceeds being designated for a fund for ministry development within the presbytery. It was noted that this is a guideline and that each situation will continue to require conversation with the pastoral charge and its trustees.

The Rev. James Murray, the Chair of the Mission Support Committee, presented the funding recommendations for 2013 for both Mission Support

Grants through Montreal and Ottawa Conference and presbytery grants to outreach ministries within the presbytery.

The Rev. Hilary Merritt, Ottawa Presbytery YAYA Minister, shared a presentation highlighting the work of Camp Awesome. She commented on the important ministry that is provided by this program. There will be a YAYA THE POINT worship celebration on Saturday, November 10, 2012, at City View and plans are already underway for Worshiplude 2013. A global partnership visit to Zambia is being planned for May 2013; full details are available under the YAYA tab on the presbytery website.

The meeting closed with a theological reflection by the Rev. Lillian Roberts and a closing prayer.

-Rev. Lillian Roberts, Presbytery Minister

## The Literacy Table

In From the Cold begins its eleventh season on Saturday November 10. The Literacy table has acquired an excellent assortment of reading material over the summer, but we are always grateful to add to our stock. If you have books in good condition (particularly biographies, coffee table books, history, crafts) and “newer” magazines dated April 2012 onwards, please leave them in the green drop box outside the chapel or give them to a Literacy Table Volunteer any Saturday between November 10<sup>th</sup> and March 23, 2013.

In addition, donations of 2013 calendars and Christmas cards are also appreciated by our quests. Thank you for your continuing support.

If you have any questions, please call Brenda at [613-729-0705](tel:613-729-0705)





## PARKDALE YOUTH

James Bell and Melodee Lovering (right) working on the pumpkin soup during the youth's soup-making day on Saturday, October 13.



Liese, Julia, and Gabriella (lower right) are preparing vegetables for the Roma Soup that was served to hungry customers at the opening day of Second Blessings Coffee



Shop on Sunday, October 14.



One of the youth of our church going "above" and beyond. This is Jenna Lester up the ladder in the summer helping promote Unbinding Your Heart. Helen Hayes, Melodee Lovering, and Anthony Bailey all assisted with the sign-making project.

### Book Club — Autumn Edition 2012

Everyone welcome! Come join us as we discuss the month's book selection. We meet after the church service (bring a lunch) for approx. 1½ hours.

Next meeting and book is:

*November 18*

**Kiss the Sunset Pig:** A Canadian's American Road Trip with Exotic Detours by Laurie Gough. Funny and poignant. 2006.



**Young Adults**  
– enjoy a **FREE**  
**community**  
**MEAL** the 4th  
**Sunday** of each  
month at All

**Saints Anglican Church, 317  
Chapel St. at Laurier, east of  
uOttawa. EAT. MEET. RE-  
FLECT.** And connect – with each  
other, with God and with the  
community. As we gather we  
consider what it means to be  
faithful in the midst of work,  
school, family, and relationship.  
We seek to encourage one an-  
other as we connect the dots  
between faith and real life.  
Doors open at 4pm.

**OPEN TABLE is a partnership  
between Anglican, Lutheran,  
Presbyterian and United  
Church communities seeking  
to serve Ottawa area young  
adults. [www.theopentable.ca](http://www.theopentable.ca)**

**For more information on Youth & Young Adult Ministry Pro-  
grams in Ottawa Presbytery, contact your YAYA minister,  
Rev. Hilary Merritt: [hmerritt@uccanottawa.org](mailto:hmerritt@uccanottawa.org) or 613-224-  
5318 ext. 17 or visit <http://www.uccanottawa.org> and click  
on Youth and Young Adults**

### THE POINT Worship

#### **Celebration**

-November 10<sup>th</sup>, 7pm @  
City View UC -theme: “All  
My Relations”??? **SAY**  
**WHAT???** If you come,  
you’ll find out what we’re  
talking about !!!

### WORSHIPLUDE 2013 -

Feb. 1<sup>st</sup> -3<sup>rd</sup>

-start making plans to host  
one of our out-of –town  
groups at your church and  
to get involved !!



**2013** staff and  
host congregation  
applications  
comings soon!



Dear Matthew,

I just want to express my sincere thanks to Parkdale United Church for supporting Rev Dr Anthony Bailey to officially kick off CIDA's launch of the annual Government of Canada Work-  
place Charitable Campaign (United Way Campaign).

Last Thursday, Sept 20, alongside our President, Margaret Biggs, Anthony gave a very powerful and moving address at CIDA and contributed to one of the Agency's biggest and most successful opening launches in recent history with hundreds of people in attendance.

Anthony relayed many captivating stories and lessons to the crowd, which have clearly accrued from his tireless efforts advocating for social justice in our local communities and abroad. Buttressed by his dynamism and positive energy, it's no surprise that countless senior colleagues of mine have been asking about him since the official launch, have requested references to his speech (a poem he cited by Charles Adams has recently been posted on our internal website) and made inquiries about Parkdale United Church.

We are extremely grateful that Anthony was able to meet with our staff, reminding us all of our blessings, being mindful of those truly in need, and the power of giving.

Many, many thanks!

Best,  
jacob





## **Canadian Centennial Choir, subscription Christmas Around the World**

Tuesday, December 18<sup>th</sup>, 2012, 7:30 p.m.  
Centretown United Church  
507 Bank Street, Ottawa

## **Duruflé Requiem and Other Sacred Music**

**Featuring organist Jennifer Loveless**  
Saturday, March 9<sup>th</sup>, 2013, 8:00 p.m.  
Notre-Dame Cathedral Basilica  
385 Sussex Drive, Ottawa

## **Play!**

**With the Ottawa children's Choir Chamber Choir  
under Jackie Hawley**



Friday, May 10<sup>th</sup>, 2013, 7:30 p.m.  
Dominion-Chalmers United  
Church  
355 Cooper Street, Ottawa

You can buy a subscription for all  
three of our regular concerts.

## **Canadian Centennial Choir under Marg Stubington and the Ottawa Regional Youth Choir under Kevin Reeves Remembrance**

Sunday, November 11<sup>th</sup>, 2012, 3 p.m.  
Church of St. John the Evangelist  
154 Somerset Street West, Ottawa

Remembrance will feature readings and music for Remembrance Day, including Pie Jesu by Ottawa composer James Wright and For the Fallen by Eleanor Daley, with trumpeter Chris Lane. The concert will pay tribute to those who fought for our freedom, promoted peace in conflict zones around the world, and continue to combat terrorism in Afghanistan. In words and song, we will remember them.

Advance tickets are \$10 and \$8 for adults /  
seniors, students and \$12 and \$10 at the door.

Free for subscribers.

	<b>Regular Price</b>	<b>Before Oct 30, 2012</b>
Adult	\$60	\$50
Senior/Student	\$49	\$42

Children under 12 are admitted free of charge.  
Subscriptions are available from Valerie Hum  
613-728-8830

## Second Blessing Coffee Shop

Next dates:  
November 4  
December 2



At the end of September, the Parkdale deficit was **\$22,647**.

Parkdale church depends on donations from the congregation to fund our ministries, building and to provide for our community and United Church Mission and Service Fund contributions. Please give generously.

The Financial Trustees



## the Messenger



### EDITORIAL BOARD

Coeditors: Danica Rogers, Julie  
and Blain Pauling,

Proofreader: Elise Mennie

Contributors: Valerie Hum,  
Peter Meerburg, Faye Beaufort  
Hazel Bowen and you????

Call (613) 728-8656 to volunteer.

The Parkdale Messenger is published at Parkdale United Church, on the last Sunday of each month and includes a calendar of events and activities for the following month. We appreciate any submissions to the Parkdale Messenger. We reserve the right to edit, condense or reject submissions, but will try to find space for all.

Next issue: **December 2012**.  
Please submit articles and materials to [pdale@trytel.com](mailto:pdale@trytel.com) or the church office  
by **November 17**.