

# the Messenger

PARKDALE UNITED CHURCH NEWSLETTER

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We are always looking for new ideas, volunteers and submissions. We reserve the right to edit, condense or reject submissions, but will try to find space for all.

Next issue: October 2015

Editor next issue: Danica Rogers

Please send articles and materials to [messenger@parkdaleunitedchurch.ca](mailto:messenger@parkdaleunitedchurch.ca)

or the church office by

Sunday September 13th

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See: <http://www.united-church.ca/getinvolved/connections/photos/permissions>



## FROM THE MINISTER'S DESK

From the Pastor's Desk

Our Identity, Our Purpose, Our Response

"This, then, is how you should regard us: as servants of Christ and as stewards of the mysteries of God." 1 Corinthians 4:1

More and more we are hearing reference to this word 'stewardship', in the areas of business and commerce, education, the not for profit sector, the environmental movement and even sport. Stewardship is not a church word, although it has long been associated with the life, work, theology and practices of the Christian Church. Unfortunately, more and more churches are shying away from the use of the word because of the perception that people are turned off by it; namely, because it is seen as a slick euphemism for asking congregants to give more money.

Over the years I have preached, lead workshops, taught, and written about stewardship. I believe it is crucial to understanding and enacting our identity and purpose as a church, and as individual followers of Jesus seeking to live out our faith and life faithfully. In broad terms, stewardship refers to 'the manner in which we acknowledge and handle all that has been entrusted to us.' This definition signals that we are recipients of gifts from a Giver.

That Giver is God. God gives gifts of love, talents, life, faith, the earth, strength, resources, hope, imagination, community, humour, creativity, music...and on and on. Once we recognize and acknowledge that these are not earned achievements, we are set free to partner with God and use these gifts for the priorities of God.

However, this is where the need for teaching and reflecting on stewardship is so necessary. We know that parts of our human nature as well as the some of the messaging in our society lead us to believe that what we are and what we have, we've earned and achieved on our own. Further, that we can do whatever we want with what we have. As people of faith, we beg to differ with this reasoning. "In the beginning, God..." We believe that it all begins with God. As well, the life, teaching, death and resurrection of Jesus the Christ lays out explicitly to whom we belong, what we are for, and how we can be transformed and sustained to partner with God to accomplish God's priorities, that is, God's "will on earth". Through regular worship, prayer, service, study and faith formation, fun and fellowship, spiritual practices, conversations and debate, we get to discover, develop and deploy our gifts and faith and generosity and service.



An interesting convergence is taking place. Here at Parkdale United, as part of our discernment and opening to God's Spirit at our last two Annual General Meetings, we included in these meetings a period of prayer, discussion and feedback using the following questions.

## AGM 2014

1. What are you passionate about in the life and ministry of Parkdale United?
2. In what ways are we supporting one another within the congregation and encouraging our growth in prayer, faith, testimony and service?
3. Are there new initiatives that have been undertaken -- or need to be undertaken – to remain faithful to our call as a congregation in this neighbourhood and beyond?

Part B - Are there things that we might be called to let go at this time?

## AGM 2015

1. Who is the most generous person you know? (ie. someone who shares spontaneously with others, giving their time, encouraging relationships, contributing money joyfully to help others and support God's work, etc.)
2. When have you been in receipt of someone else's generosity and thoughtfulness? What was the impact on you? Did it change or

shape your life in any way? If so, how?

3. What do you most value about the community of faith that is Parkdale United Church?

The Spirit's use of these questions, and others, yielded some incredible sharing, insights, and ideas for our ongoing life and ministry.

Since February of this year, Parkdale's Council of Elders, among other things, has been discussing, reflecting on and praying about our direction, life and witness. We have also been celebrating the tremendous assets, energy, gifts, commitment and ministry that are present and at work in the congregation. As well, we have been taking stock of our financial assets and our giving patterns with the view of continuing to engage the congregation in an ongoing conversation about our viability and our flourishing. At the end of May this year the Stewardship Committee convened a Stewardship Conversation workshop with guest presenter Rev. Dr. Glen Stoudt in which we reflected on these and other dimensions of stewardship.

Over this same period of time - two years plus - the United Church of Canada (UCC) has been undertaking a Comprehensive Review process to discern a new way of configuring the structure of the denomination and streamlining its governance and its ministry support and justice programs.

One of the resulting initiatives has been the development of a toolkit to encourage local congregations to have frank and faithful conversations about their identity, their mission, their work and commitment in their local community and the level of financial support to the congregation and the Mission and Service Fund (this national fund enables the UCC to carry out its mission and ministry in Canada and around the world, including disaster and relief work such as the present refugee crisis).

So as we are preparing to celebrate the 85th anniversary of Parkdale United Church (PUC) on May 1, 2016, and responding to the UCC's encouragement, PUC's Council of Elders is supporting a worship, preaching and action emphasis for the four Sundays in October 2015. The themes will be as follows:

The overarching theme is "A Season of Stewardship: our identity, our purpose, our response."

Week 1 – October 4 – "Called to Be the Church" Acts 2: 1-21

- We will be recognizing that our heritage and mandate as a congregation is part and parcel of both the historic and the present-day worldwide Church of Jesus Christ. This is meant to coincide with World Communion Sunday.

Week 2 – October 11 – "Living Thankfully Every Day... the life of faith and gratitude" Psalm 118; Matt. 6:25-34

- This coincides with our traditional Thanksgiving Service and will explore the joy and power of gratitude and thanksgiving

Week 3 – October 18 – "Living our Testimony and Our Mission Locally" Jeremiah 29:4-14; Matt. 3:13-16

- We will be reflecting on how we are blessing the local neighbourhood and city in which we minister. This is also World Food Sunday and following worship (1:00 pm) we have been invited to participate in a walk-a-thon to raise money for local initiatives that feed, support and advocate for those experiencing poverty, including our own In From the Cold ministry.

Week 4 – October 25 – "Our Personal Response – Offering our Gifts of Time, Energy and Money"

- We will be listening for the Holy Spirit's prompting as we worship God and reflect on how we live into our identity as followers of Jesus, and how each one can contribute joyfully and generously of who they are and of what they have been given the strength to earn.

By God's grace, please make a special commitment to attend and participate in all four worship services, and to put into practice what we hear, sense and are challenged to do and be.

Someone once said: “We will never change the world by going to church. We will only change the world by being the church.”

May God bless and guide us as we embark on this ‘season of stewardship’.

Yours in Christ,  
Anthony

**LECTIONARY FOR OCTOBER**

**October 4 – World  
Communion Sunday**

**Job 1:1; 2:1–10**  
Job's first affliction; faith intact.

**Psalms 26**  
Prove me, try me, test my heart.

**Hebrews 1:1–4; 2:5–12**  
God gave the world to humans, not angels.

**Mark 10:2–16**  
Question of divorce; Jesus blesses children.

**October 11 – Thanksgiving**

*Worship materials for Thanksgiving through the Twenty-second Sunday after Pentecost were contributed by Keith Gale, Memorial U.C., Murray River, P.E.I.*

**Joel 2:21–27**  
Do not fear, O soil, for God will provide.

**Psalms 126** (VU p. 850)  
Those who sow in tears reap in joy.

**1 Timothy 2:1–7**  
Offer prayers for everyone.

**Matthew 6:25–33**  
Do not worry about what you will eat or drink.

**October 18 – Twenty-first  
after Pentecost**

**Job 38:1–7, (34–41)**  
God's rebuttal to Job's complaint.

**Psalms 104:1–9, 24, 35c** (VU pp. 826–827 Parts One and Two)  
With wisdom, God created the earth and all its creatures.

**Hebrews 5:1–10**  
Christ learned obedience and was made perfect.

**Mark 10:35–45**  
James and John request to sit on Jesus' right and left.

**October 25 – Twenty-second  
after Pentecost**

**Job 42:1–6, 10–17**  
Job acknowledges God's power; Job's fortunes are restored.

**Psalms 34:1–8, (19–22)** (VU pp. 761–762)  
Taste and see that God is good.

**Hebrews 7:23–28**  
Christ the permanent High Priest.

**Mark 10:46–52**  
The healing of blind Bartimaeus.

## Sabbatical/Sabbath Proposal

*submitted by  
Melodee Lovering*

Did you know that the word “sabbatical” is derived from the word “Sabbath”. In the United Church of Canada, ministry personnel are encouraged to take a three-month sabbatical every five years. This year, when the Presbytery Pastoral Care and Oversight committee made it’s every-third-year visit, the ministry staff here were asked if any were thinking about taking a sabbatical. Since I have now been at Parkdale for more than six years, I started seriously considering it.

I presented a proposal to the Ministry and Personnel committee last spring as this must be done a year in advance. During this proposal period, Barbara Reynolds of Ottawa Presbytery also met with the M & P committee and explained the sabbatical

process. She emphasised that the focus should be on rest and rejuvenation:

*“Sabbatical leave is an extension of the biblical concept of a Sabbath day and a Sabbath year for renewal. It is both an act of faith that God will sustain us through a period of reflection, and an occasion for recovery and renewal of vital energies.” (M & P Handbook, 2010)*

I have been serving in continuous appointments at Parkdale United since July of 2009. During most of that time, I have been engaged in a personalized study program designed to meet the requirements to become a “recognized” designated lay minister. This involved the three-year program of the



Certificate in Youth Ministry through Princeton Theological Seminary. This program in itself was intensive and included a long-term research project as well as a year's mentorship. During that time I also completed individual courses in theology, UC polity, Old Testament, and in conflict theory from UTC, Queens, St. Paul's and Algonquin College as well as a two-week Leadership module from the Centre for Christian Studies.

In this same period, in addition to working full-time at Parkdale, I have served on a Presbytery review, search, and YAYA committees and am currently the chair of the Youth and Young Adult Committee.

My work at Parkdale requires me to be continuously creative. Each week I write a children's story. I have taught in every age group of the Sunday school although I

mainly focus on the youth class. I lead youth groups, women's groups, study groups, and plan retreats. About eight times a year I lead intergenerational worship. The work is rewarding but the last six years have been intense.

Recently, I led a study group through the book, "The Artist's Way". I was reminded forcibly that a creative person draws from a well within themselves and this well needs to be replenished. During this study we were encouraged to examine those things that fill-up our particular wells and for which we do not make enough time.

*"In filling the well, think magic. Think delight. Think fun. Do not think duty...In filling the well, follow your sense of the mysterious, not your sense of what you should know more about...filling the well needn't be all novelty. Cooking can fill the well..."*

*Any regular, repetitive action primes the well."*

*Julia Cameron*

For my sabbatical, I propose a time of replenishing my creative spirit with the following activities that I have found to be most helpful to me:

1. Spending time in nature -  
-visiting some sites in Canada that I have long wanted to see.  
*-- A sabbath activity that is restful for the mind and opening to God's presence for someone who commutes on the 417 every day. Travel options will be defined by my personal finances*
2. Crafting -- designing and beginning a quilt  
*– a creative task that helps leave the mind free and open to ideas*
3. Reading -- *Materials that will enlarge my understanding of the people I work with*
4. Walking/hiking (see #1)
5. Praying -- *intentional*

*days spent in prayer and scriptural reflection*

7. Writing

*--I have some personal writing projects which are constantly de-prioritized because of work pressures*

8. Additionally, I would like to compile the intergenerational worship resources I have created over the years. It is my hope to find a way to make these available to other worship leaders. This might be in the form of a website or some other means.

A copy of the whole proposal is available for anyone who is interested, but you probably will find the dates most pertinent. Sometimes ministry personnel take their vacation (one month) and study leave (three weeks) and add this to sabbatical to have a continuous period of about five months away but I propose the following time-line:

**May to mid-August, 2016**

(three months' sabbatical plus two weeks of vacation). I wish to return in August so that I will have time to prepare for all the start-ups in September. This will leave me two weeks' vacation time of which I hope to take 10 days at the beginning of October 2016, for a long-planned extended-family trip. There are a couple of conferences that I like to participate in that usually land around the end of April so I may take a week of study leave then. Thus, the actual start of my absence may come towards the end of April 2016.

There are several major pieces of work that normally get accomplished during that time period. Although I may be able to do some pre-planning, I can't do eight months' work in the four months leading up to my sabbatical. On the other hand I would not like to return from sabbatical to find that nothing had been

done in my absence. In addition to explaining what I propose to do on my sabbatical, I also set out some detailed recommendations for covering the work that usually is accomplished during the time period when I will be absent:

- Recruiting for and scheduling the fall teaching schedules
- Ordering the fall curriculum (which cannot be done in advance)
- Recruiting for and scheduling the summer teaching schedule
- Planning, ordering and purchasing video material for the summer program
- Organizing snacks and juice for summer Sunday school as well as colouring and activity pages
- Planning and running the family camp program
- Sending out a letter to all families letting them know of fall events and welcoming them back to Sunday school
- Planning for fall

activities (youth groups, coffee shop, Christmas pageant)

- Creating posters, bulletin announcements, Messenger announcements, pieces for the website, etc. for all activities
- Planning and enacting two or three intergenerational worship services
- Analysing the attendance sheets, updating the data base and creating the new class lists for the fall

- Assessing the Sunday school supplies and replenishing as necessary
- Communicating with families, youth, kids, committee members, etc.
- Assisting with a couple of coffee shop opening days
- Helping to lead DaleSong (liaising with the ministerial staff about themes, helping to choose appropriate music, copying music)
- Teaching Sunday school (youth class usually)
- Writing and conveying



## A PRAYER FOR GUIDANCE

Gracious and loving God, regardless of whatever situation we find ourselves in at this moment, we know we have so much to be thankful for. Help us to bring these countless blessings to mind and give You thanks. If we are blessed to be going through quiet waters help us to give thanks for Your goodness and guidance. If we find ourselves uncertain, questioning, undecided, grieving, depressed, feeling lonely, or even desperate, help us to remember Your promise that You will never leave us or forsake us. You will guide us through our times of challenge as we ask Your will for us. Please provide us with the strength we need and the person or people to help us with Your guidance, to see more clearly our way through. While we are concerned for ourselves, the concerns of others weigh heavily upon us: the leadership of our beloved country, the wars raging in so many places, those fleeing for their lives from the ravages of war and the devastation of fire, those being abused, experiencing poverty and homelessness. We need Your guidance, Lord. We need not feel helpless for we know You will guide us individually and as a church family to the meaningful tasks You need us to do to help to make a positive difference in one or more situations. You sacrificed Your life for us. Help us to be open to Your voice and Your guidance.

**We humbly pray in Jesus' name. Amen**

*-Summited anonymously by a member of the congregation*

## Birthdays in October

Our warmest greetings to:

1st	Hannie Fitzgerald	17th	Mark Bradley
2nd	Alice Menzies	19th	Alexis Bannoff
2nd	Isaiah Duah	22nd	Julianna Jeglic
5th	Cora McQuinn	23rd	Jessica Ann Clark
5th	Jaylyn Wong	25th	Hannah Johnston
8th	Carl-Henry Mercy	27th	Tyrese Musenga
8th	Ruth Bush	29th	Isabelle Duncan
11th	Delphine Ahmed-Robin	31st	Chania Baily
11th	Arianne Epale	31st	Kaitlyn Laurin
14th	Cathy Lees	31st	Camille Beaufort
14th	Micah Corbin		
15th	Joyce Sibanda		
17th	Maddy Crabtree		



*If you would like your birthday to be a secret and your name taken off the list, or if your name was not included and you would like it to be added, please let the office know.*



Parkdale Food Centre

Thanks to everyone for lots of donations through the summer months — they are very much appreciated.

We have decided to stall our collection of ensure & boost bottles for now. (We have several hundred on hand.) We will let you know when to continue this collection.

We are still collecting milk bags for the school program we support. Keep them coming.

We do use lots of egg cartons each week. On Tuesday we package about 75 dozen eggs for distribution to our neighbours in need.

We need non-perishable food — pasta, sauces, toothbrushes, cereal, biscuits, rice, etc.

You may also donate through your church offerings marked “Parkdale Food Centre.”

Thanks Dian

## 2.5K & a 5K for IN FROM THE COLD

Mark these dates on your calendar, in your ipad, somewhere! Put on your walking and running shoes!

Parkdale's "In From the Cold" ministry-lovers in our community have got you exercising.

(1) SUNDAY, OCTOBER 18, 2015 – 2.5K Walkathon - Rain or Shine - 1:00 TO 3:00

"All about Food Community Walkathon" is a multi-agency event being run for the first time. The Parkdale Food Centre, St. Luke's Table, Dalhousie Food Cupboard and Parkdale United Church's "In From The Cold" are participating in this Walkathon in order to raise money for all of these four organizations that provide food for the needy in our community. Proceeds from this walk will be evenly divided between all four organizations.

Starting point: St. Luke's Table at 1:00

Finishing point: Parkdale United Church's Parking Lot at 3:00.

(2) SATURDAY, NOVEMBER 14, 2015 Parkdale's 5K Run for "In From the Cold" – 9:00 AM Start

This is the third year for this Parkdale initiative spearheaded by Christina Stacey. All proceeds from this run go to Parkdale's "In From the Cold" ministry. Rain, shine or snow, the run starts at 9:00 am at Regina Street Public School on the soccer field behind the school and goes onto the paved NCC trail. The 5K is an out and back course.

Registration: \$20 for adults and \$10 for children 18 years old and younger. Anyone interested in volunteering may contact Christina Stacey at [christina.stacey17@gmail.com](mailto:christina.stacey17@gmail.com) or the church office at 613-728-8656.

Please watch for more information regarding these two energizing events.



## **IN FROM THE COLD MINISTRY**

We are gearing up for our fourteenth season of IFTC which will begin on November 14 and conclude March 26, 2016. For those of you who have volunteered before, we would welcome you back and for those of you who are new to volunteering with IFTC, we would welcome you to be part of the team. This Ministry is important to our church and our community and new volunteers are welcome – bring your friends. CiCi Waugh or Mark Nixon will be in touch with you soon to check on your availability and preference to begin to set the schedule.

**NEW VOLUNTEERS** are asked to fill out a pink New Volunteer Form located at each of the four sanctuary doors and return it to the office or on the collection plate. **High School Students** may count hours towards their volunteer requirement. If you have any questions, please send CiCi and Mark an email at: [iftc@parkdaleunitedchurch.ca](mailto:iftc@parkdaleunitedchurch.ca).

We are very grateful to Mark who volunteered and assisted CiCi last year and who is willing to help more this year. We thank Camille for all the careful scheduling she has done for so many years and Janice Gray as well who did it before Camille.

*Certificate of Thanksgiving • Témoignage de reconnaissance à*

**Parkdale Pastoral Charge**

*is recognized for giving/pour son don de*

**\$33,468**

*in 2014 for the Mission and Service of  
The United Church of Canada*

*Mighty and tender God, our gifts for Mission and Service  
help your church to do justice, love kindness,  
and walk humbly with you.*

*(Micah 6:8, paraphrase)*



*en 2014 pour la Mission et le Service  
de l'Église Unie du Canada*

*Dieu fort et tendre, nos dons à Mission et Service aident  
ton Église à réaliser sa justice, à aimer agni avec bonté,  
et à marcher humblement avec toi.*

*(Isaïe 60:1-3, 6)*

*Gary Pelt*

*The Right Reverend Gary Patterson, Moderator/Modérateur  
Marche/Mars 2015*



*God's Mission, Our Gifts*

*La mission de Dieu, pour tous, par nous*



Images and Stories presents

## Peru, land of the Incas

Friday October 30<sup>th</sup> at 7 pm



Join us as we journey with Elise Mennie to Peru and explore its diverse regions of rainforest, mountains and coastland. The Inca Empire was centered in the Andes at Cusco and ruled the western part of South America during 500 years before its defeat by the Conquistadors in the 1530s. Elise will share what she learned about the Inca's scientific and spiritual achievements, which are still very present in Peru today.

Please join us at 7 p.m. in the Ladies Parlour. The presentation

will be followed  
by conversation



and tasty treats.



## CONGREGATIONAL MEETING

CONGREGATIONAL MEETING –  
SEPTEMBER 13, 2015

The meeting was called to seek approval from the congregation to proceed with the audiovisual project.

Blaine opened the meeting and briefly explained its purpose. Melodee Lovering then introduced and thanked members of the Committee that had worked on this project: Anthony Bailey, Barbara Faight, Richard Hamley, Gary Crocker, Susan Pfister,Carolynn Halkett, Danica Rogers, and Trevor Williams - Priddie.

Various members of the working group outlined the process to date and presented the two quotes, one from AVISPL, for approximately \$65K and the other from Interactive Audio Visual at \$53, 756 and explained the reasons for their preference – IAV ; this quote includes a third projector and has the



added value of Dave Patterson’s experience with Orleans United. An important consideration is the need for a dedicated AV team to run the equipment; ideally, this team would be in place before the equipment arrives. There have been some expressions of interest but the Technology Committee is looking for more.

The detailed estimate from IAV came in at \$60, 472 and \$1800 will be required for electrical upgrades, so the total to be financed is \$62, 272. To date, \$17K has been raised: \$12K was included in the 2015 Budget and \$5K has been pledged by Council, so the amount to be found is \$45,272. (At the Council meeting of September 15, it was agreed that the \$10K gift from Emmanuel United Church should be put towards this project, so the amount to be financed is \$35,472.)

The meeting then turned to questions from the congregation. Almost all questions or comments were preceded by a word of support.

□ With respect to ongoing costs, maintenance costs are estimated to be approximately \$200 per year; bulbs last approximately five years; any additional software purchases would be extra.

□ Livestreaming could be a future

possibility, but would require cameras, which are not in the current cost estimate.

□ Using the wall as a screen would not be ideal, as the screens are designed to enhance the brightness of the projection, which will be required on a sunny day. (It was exceptionally dark and rainy during the demonstration.)

□ The extra work to prepare the Powerpoint presentation and the learning curve associated with this were acknowledged; offers to help with preparation of weekly services have been received.

□ Although we could start with one projector, two projectors are optimum; people on the opposite side of the sanctuary can't see the screen and two screens provide some flexibility in sunny conditions. In addition, we don't have any idea of what the future price of a second projector might be.

□ Security was one of the issues discussed at length by the committee; the projectors are very heavy and will be locked down.

□ Ministerial staff have been wanting this system for a time; the point is not to distract, but to enhance the worship experience. The system will be used on a regular basis, at least for some things, and its use will be undertaken sensitively.

□ There is no intention to remove the hymnbooks from the pews; in fact hymnbook references will be included on slides. Projection of music may be a future possibility.

□ The projection of music and liturgy leaves hands free and forces eyes upward, freeing people up to clap or move more fully, resulting in a more participatory experience.

□ If outside groups want to use our equipment, they will have to pay our technicians; we will protect the equipment.

□ With respect to the funding proposal, Council did consider using the Memorial Endowment Fund, but given that we already use this Fund on an annual basis to cover operating deficits, and the fact that the congregation has a history of rising to the challenge of funding specific projects, it was decided not to at this time.

□ Production of the paper version of the bulletin, including paper, ink, toner, is about two cents per page. It was noted that the new photocopier folds and staples, so there has been a





## COUNCIL MEETING — SEPTEMBER

### MESSENGER REPORT OF COUNCIL MEETING OF SEPTEMBER 15, 2015

The first meeting of Council following the summer break was held on September 15, 2015. Members were welcomed back by Council Chair, Blaine Pauling, who then passed the floor to Rev. Anthony Bailey, who led the opening devotion, which was on the theme of anger. The theme had been inspired by recent events that made him angry, the Syrian refugee crisis being one of these. Council members were asked to consider three questions: What makes me angry? What do I do with it? How does it teach me? We were reminded that God gets angry and Jesus got angry; it is OK to get angry when the cause is legitimate. The challenge is then how we channel all that energy into positive action. We watched a Rob Bell video, entitled “Store”, which depicted some of the small irritations in everyday life that can build to the breaking point. It is left to us to choose to spend that bottled energy and emotion in a positive fashion. Anthony closed the time of devotion with a timely and relevant prayer.

The business meeting began with an enthusiastic discussion of how to move forward on the funding of the proposed new technology for the sanctuary as approved by the

congregation during the congregational meeting on September 13, 2015. Various options were discussed, and the possibility of using the Remembrance Fund (included in the Memorial Endowment Fund) and/or the gift of \$10K from Emmanuel United were focal points. The importance of asking the congregation to contribute was emphasized. In addition, the need to recruit members of a dedicated audiovisual team was reiterated as critical to the success of the project. After discussion, it was decided that the \$10K gift from Emmanuel United should be applied to this project, which brings the total raised to date to \$23,400; this amount also includes \$12K included in the Capital budget for 2015 and \$1400 received to date of the approximately \$6K pledged by Council members. A ‘thermometer’ of some sort will be posted in near future so that the congregation can see the progress towards raising the required \$65K. As agreed from the outset, no action will be taken to purchase the equipment until 50% of the funds have been identified. The goal is to have the new technology in place for use during Advent. Barbara Faught offered sincere and gracious thanks to Melodee Lovering, who was instrumental in seeing this project through and who prepared all the material for the demonstration of the new technology on September 13. Council also discussed a communications strategy for this project and emphasized the need for a

dedicated audio-visual team as well as financing for this important project. You will be hearing more about this over coming weeks so stay tuned!

This fundraising effort will run in parallel with the ongoing efforts related to sponsoring a Syrian refugee family. In this latter regard, over \$15,000 has been raised to date and we are confident that our \$30,000 target will be reached through the efforts and pledges of Parkdale members and the larger community.

Council was informed that Judy Hamley has very graciously offered to replace Ann Tompkins in her role as Bazaar coordinator. Thank you Judy! The search continues for someone who is willing to take on the role that Val Hum has played over many years, but it appears that Parkdale's Yuletide Bazaar will take place on the first Saturday in November. Council again expressed its thanks to Ann and Val for their tremendous contribution to Bazaar coordination over past years. Committee Chairs provide written reports to Council in advance of every meeting; a summary of these appears below.

On behalf of **Mission, Outreach and Justice**, Faye Beaufort reported that efforts continue to complete the required paperwork for sponsorship of our Syrian refugee family. A musical fund-raising event for our refugee family is planned for

November 21, with event convenorsCarolynn Halkett, Faye Beaufort and John Harewood backed up by committee members Anthony Bailey and Jono Hamer-Wilson. Faye also reported that in addition to answering the call for a \$900 donation, Parkdale members have been volunteering at the Odawa Drop-In Centre, which has reopened after a strong appeal to the community and religious organizations. The Celebrating our Cultures event will take place on Saturday October 17. This year the life, customs, food and music of Australia will be profiled. Mark your calendars for this popular event! Images and Stories started its 2015-16 season with a repeat of Hannie Fitzgerald's presentation entitled "Labrador in Those Days," brought back by popular demand. In coming months, Elise Mennie will present Peru (October 30) and Barbara Hennessy will present Alaska (November 27).

Mary McLeod, Chair of **Pastoral Care** reported a good response to the request for donations to Caring Kitchens over the summer; the need is, however, ongoing and donations are always gratefully accepted. Visiting and sending of sympathy and get well cards continues and planning is underway for the Special Communion on October 18<sup>th</sup>.

Carolyn Halkett reported that the **Communications Committee** has developed a graphic image, including Parkdale's motto: Come. Grow. Serve, that can be used on stationary,

publications, posters, the website, etc. It is available upon request from Don in the office. During the fall, the Committee will work on a more appropriate logo for promotional products such as caps, pens, pins and social media. Also during the fall, redesign of the website will be a priority; a consultant from Daisy Designs has been hired to assist with this effort. Website content is also in the process of being updated and reformatted.

Judy Hamley, Chair of **Ministry and Personnel**, noted that June reviews with staff were undertaken and specific suggestions from those meetings have been conveyed to appropriate Committee chairs for action. The three Ministerial staff were authorized to attend a conference from September 21-23 in North Carolina, the theme of which is preparing for Advent; this will replace the requirement for a staff retreat. Judy also reported that the CPR and Automatic Defibrillator (AED) training for all Staff, led by the Ottawa Paramedic Service; in total, 31 people received training and feedback was extremely positive.

Our Ministerial staff also provide written reports to each Council meeting. Highlights of these follow:

**Anthony** reported positive feedback on the summer preaching series on the Psalms. In addition, he noted that he, Debbie and Melodee are very much looking forward to participating together in a Worship

and Arts Conference in Montreat, NC, from September 21-23. With respect to Faith Formation, a two-month Tuesday morning Bible study on the epistle of James and a Wednesday evening series on “Soul-Keeping” have begun. In October, in keeping with one of the Memorial Fund Working Group recommendations and the support of the Stewardship Committee and colleagues, Anthony will be preaching exclusively on Stewardship themes. The objective is to enhance a faithful understanding of our calling as stewards in life, faith, vocation, ministry and financial generosity. Baptisms will be celebrated on October 11 and November 13. During coming months, Anthony will attend the United Church Black Clergy conference in Montreal from October 8-10, will preach and be the keynote speaker at the Lester Randall Preaching Conference at Yorkminster Baptist Church on Toronto from November 1-3, and will participate at the Stewardship Conference in New Orleans from December 1-4. Anthony has recently given a number of interviews on the growing Syrian refugee crisis and has been invited to sit on the Mayor’s advisory committee to craft a response to the crisis for the Ottawa community. A Public Forum will take place at Jean Pigott Hall on October 1, from 5:30 to 7:00pm.

**Debbie** reported that she and Melodee have begun planning for the Women’s Retreat to be held on January 9-10; the focus this year will be on friendship and will focus on spiritual renewal and





strengthening relationships. Debbie also reported that her enquiry about the possibility of a Habitat build in Canada with an Aboriginal focus had been enthusiastically received. Information about the potential builds for 2016 should be available soon and an invitation to the congregation will be extended at that time. Debbie has been accepted into the Final Phase of the Spiritual Director's Course, which begins with a five-day residency at Five Oaks from October 25-30. She will continue to submit regular papers, attend monthly peer supervision meetings, continue monthly meetings with her own spiritual director and attend a four day silent retreat. The Blessing group that met with Debbie during winter and spring is working on a children's book on blessing that will hopefully be done by Christmas. Monthly worship services have resumed at Park Place and The Ravines. There continues to be a growing need for pastoral care, to which the full ministerial team responds; it is a privilege and a blessing to be invited into sacred moments of life.

**Melodee** reported that Sunday school teachers are in place for most semesters; classes began on September 20. Confirmation classes will begin on October 4 and run for six Sundays (Thanksgiving Sunday excluded) and a Saturday retreat. Junior youth will run for four weeks beginning on October 18; timing for Senior youth to be

determined. The June family camp was a tremendous success, with great weather. Sadly, this was not the case for the youth camping trip in mid-September; the leaders and youth returned Saturday night due to bad weather. Parkdale has agreed to host the Saturday evening worship

## AUTISM AWARENESS SEMINAR

October is Autism Awareness month in Ottawa! Following the Sunday service, November 1, a team of Parkdale parishioners will be hosting an information session about Autism Spectrum Disorder. A light lunch will be provided directly after the service, followed by the seminar from 12:15 until 1:30. You will have the opportunity to learn more about this Disorder, access up-to-date resources, and ask questions in a relaxed community setting.

Please sign up on the Bulletin Board sheet indicating if you wish to have lunch or simply attend the seminar. Spread the word to your friends and

## **Parkdale 5K Run for In From the Cold**

**Saturday, November 14 - "Save the Date"**

The 3rd annual Parkdale 5k is coming up! Funds raised will support the *In From the Cold* ministry. Details are being finalized with the City of Ottawa.

### **Runners/Walkers**

Tentatively mark your calendar for Saturday, November 14th at 9 a.m. at Regina Street P.S. Parking is free and the course starts on the soccer field behind the school and goes onto the paved NCC trail. The 5k is an out and back course. You can register in the gym at the school (or online) the day of the event (cash only) and you can also hang out after your run/walk and warm up in the gym. Washrooms are available in the school.

Registration is 20 dollars for adults and 10 dollars for children (18 years old and younger). We will still run the event if it rains or snows.

Like we have done in the past, we don't offer anything fancy to participants. No running shirts, no protein bars and no medals or trophies (most finishing medals end up in the landfill anyway...really sad). All of those items cost money. We do offer a friendly and welcoming atmosphere, warm drinks after the event, draw prizes, and Natasha makes the best Stanley Cup trophies in Ottawa for the top 3 men, women and children!

### **Volunteers**

Volunteers are needed to stand outside and direct runners/walkers and to help pick up the kilometre markers once the event is over. High school students are most welcome.



**Photos from 2014  
Parkdale 5K Run for  
In From the Cold**





# Celebrating our Cultures International Dinner

Saturday, October 17, 2015

6:00 PM

in Memorial Hall

Come and celebrate the wonderful diversity of cultures in our Parkdale family. You will learn about different cultures, with a special focus this year on Australia. Enjoy music, dance, fellowship and sumptuous cuisine!

We will be happy if you sign-up to bring your favorite main dish or dessert. See the sign-up sheet in Gladstone Hallway behind the Sanctuary.

We enjoy seeing a display of native traditional costumes. So, choose that of a country you like...you could even borrow a costume from a friend!

Besides being a great opportunity to share our cultures and to get to know one another, this International Dinner is a fundraiser with the proceeds being used to sponsor a refugee family from Syria.

If you would like to help with organizing and set-up, please contact Estelle Allen or Faye Beaufort through the office at 613-728-8656 or e-mail Faye at [fbeaufort2891@rogers.com](mailto:fbeaufort2891@rogers.com).

Tickets will be on sale from Sunday, October 4th in the

# Walking With Our Sisters

A memorial art piece honouring murdered and missing Aboriginal women

**Carleton University Art Gallery**

1125 Colonel By Dr  
(613) 520-2120

**September 25th to  
October 16th, 2015**

**Walking With Our Sisters** is a commemorative art installation to honour the lives of missing and murdered Indigenous Women of Canada and the United States; to acknowledge the grief and torment families of these women continue to suffer; and to raise awareness of this issue and create opportunity for broad community-based dialogue on the issue.

The art installation includes 1, 725 pairs of beaded moccasin tops, or “vamps”, and 65 songs—traditional, honour, grieving and ceremonial songs—are heard as people experience the exhibit. In response



Child Vamp for the Truth and Reconciliation Commission exhibit by Esther Laliberty, York,

to the call for artwork, 65 beading groups were created in communities.

**Walking With Our Sisters** is an entirely crowd-sourced project. From the artwork, to the fundraising, even to the way the exhibit tour is being booked, it is all being fueled by hundreds and thousands of people who have chosen to become involved. Collectively we are creating one unified voice to honour these women, their families and call for attention to be paid to this issue. There is power in numbers, and there is power in art.

Info at : [walkingwithoursisters.ca](http://walkingwithoursisters.ca)

**MY BROTHER'S OR SISTER'S  
KEEPER?**

**Namby:** Good morning, Pamby.

**Pamby:** And a good morning to you as well.

**Namby:** You are saying it but the look on your face tells me that you haven't digested your

**Pamby:** Really? So overnight you developed the skill of reading faces and you are using me as a

**Namby:** See? I was right; you are grumpy, but you don't have to take it out on me.

**Pamby:** Who says that you have anything to do with how I may be feeling? Don't think that you are that important because we are friends!

**Namby:** Ok, it's not me, so what's bugging you?

**Pamby:** Recently, I don't seem to be able to take my walk at lunchtime or anytime without feeling

**Namby:** I'm not surprised. I know that your wife advised you to buy a pair of decent walking shoes long ago; you told her that it was an unnecessary expense and now you are paying for it.

**Pamby:** There you go sounding off again. Do you think it might help to ask me what is making me

**Namby:** I'm sorry to keep sounding like a know-it-all. So, okay, what's making you uncomfortable?

**Pamby:** I can't seem to walk these days without meeting a panhandler. Yesterday, I came across two who asked for change; another was lying on the pavement flat on his back and fast asleep.

**Namby:** Well, they are around all the time in our beautiful city, so why are you uncomfortable with

**Pamby:** With my thoughts about them; whether I should give them some coins or offer to buy a meal for them; whether they aren't just trying to rip me off and I should just pass by quickly and ignore

**Namby:** I have that problem especially if they are young and able-bodied. I say to myself, why aren't you home? Why don't you look for a job .

**Pamby:** I am worse if they are young; I say to myself, "They probably ran away from home because they didn't want to obey

**the rules; perhaps they are on drugs and working for a pimp to feed the**

**Namby: Yes, my first response tends to be to blame them for their situation**

**Pamby: I take it to another level where my prejudice takes over and I tell myself that they are all the same, a nuisance which shouldn't be on our tidy streets; then I get mad at myself for being mad at**

**Namby: Why get mad at yourself if you think that they are responsible for themselves and their**

**Pamby: It's not as simple as that; yes, I get mad but I also feel embarrassed that I'm passing another human being who may be really in need.**

**Namby: I don't understand why you should be beating up on yourself if you think that they are nuisances and responsible for their situation. Besides, you or I can't save the world. Giving a loonie or a meal here and there won't change much.**

**Pamby: That's true and would be okay if it ended like that.**

**Pamby: Because other stuff comes into my head. I know that some of them have mental problems; I know that some of them, perhaps, once had a life and a job like me.**

**Pamby: Then, the real bug gets to me.**

**Namby: And what's that?**

**Pamby: You know it well, one of those stories which we never forget even if we no longer read the**

**Namby: Oh, you mean the Good Samaritan one.**

**Pamby: Yes, he couldn't pass by the fellow lying on the pavement on the other side. He felt responsible even though he didn't know him, so he had to do something.**

**Namby: Oh, so you want to be a hero or just deal with your bugger of a conscience?**

**Pamby: It could also be self-interest. Just recently, I read a verse that comes from the Bible although I didn't read it in the Bible.**

**Namby: So, where did you read it and what is it?**

## RECIPE

Mom Yearwood's Famous Stuffing, and the Turkey to go with it

This is one of our favourite recipes for many reasons... it is a reminder of Richard's Mom, and a reminder of the five years it took Richard to perfect the seasoning by trial and error – she wrote nothing down! It is also a recipe that symbolizes family and friends and all we are thankful for. Submitted by Susan Yearwood.

Yearwood Seasoning

\*\* Makes about 2 cups - use to season a variety of meats, and to make Turkey Stuffing

Chop the following ingredients together finely in a food processor:

- 2 medium onions
- 3 sprigs shallots (green onions)
- 1 cup lightly packed fresh parsley OR ¼ cup unpacked dried parsley
- ½ tsp each: garlic powder, poultry seasoning, and paprika
- 1 tsp each curry powder (mild) and black pepper
- 3 TBSF Luda Chicken soup mix
- 2 TBSF hot sauce (or whatever your palate can handle) \*\*
- ½ packet onion soup mix

Yearwood Turkey - be warned - this is a three-day event and starts with a FRESH Turkey!

Two days before you plan to serve the turkey:

- Wash the turkey well, then place in roaster and sprinkle it with salt, vinegar, and lemon juice

One day before you plan to serve the turkey:

- Wash off all the salt, vinegar, and lemon juice
- Rub Yearwood secret seasoning over the whole turkey, including underneath the skin





## RECIPE

On the morning you plan to serve the turkey:

- Preheat oven to 450°F.
- Prepare the stuffing.
- Stuff your bird (neck and tail ends) - packing the stuffing in well.
- Place bird in oven, and reduce heat to 350°F.
- Cook 20 min./lb for a stuffed bird.

Yearwood Stuffing (with a West-Indian flare)

\*\* Adjust ingredients for the size of bird – this works well for a 20 lb turkey

- one box / four sleeves (450 g) unsalted soda crackers (1e - Premium Plus)
- 6 TBSP of margarine
- 1/3 cup milk
- Yearwood Seasoning (almost 2 cups – whatever amount is remaining after seasoning the turkey)
- Place soda crackers in a very large bowl and crush them up with your hands
- Add the seasoning and margarine, and mix up with your hands
- Add milk slowly, mixing as you go until texture is a bit sticky but not wet
- Stuff bird, as noted above

## Parkdale Book Cluv



**October 18**

### **Intolerable**

By Kamal Al Solylee. 2012. Canadian.

Partly a memoir of 6 decades of his Arabic family caught up in the turmoil of Middle East politics, partly his escape from that world.

**November 2**

### **Last Train from Liguria**

By Christine Dwyer Hickey. 2009. Irish.

A big, bold literary novel that ranges between 30's London, Irish Celtic Tiger Dublin and Mussolini's Italy.

If you have any questions, please email either Marlene MacLean ([marlenemaclean@gmail.com](mailto:marlenemaclean@gmail.com)) or Heather Brophy

All Welcome!

Meet in the Ladies Parlor after church on book club days.

Bring a lunch.

In From the Cold begins its fourteenth season on Saturday, November 14. Although the Literacy Table has acquired an excellent assortment of reading material over the summer, we are always happy to add to our stock! If you have "newer" magazines dated April 2015 onwards, or any books in good condition (particularly biographies, history, humour, coffee table books and anything pertaining to animals and the Royal Family), please leave them outside the chapel or give them to a Literacy Table volunteer any Saturday between November 14th and March 26th, 2016.

In addition, donations of 2016 calendars, Christmas and other greeting cards, jigsaw puzzles, as well as cloth, nylon and reusable plasticized bags are greatly appreciated by our guests.

Thank you for your continuing support. If you have any questions, please contact Brenda at [Brenda.mcardillo@gmail.com](mailto:Brenda.mcardillo@gmail.com) or [613-729-0705](tel:613-729-0705).

# Yuletide Bazaar

Saturday November 7th, 2015, 10:00 AM to  
12:30 PM

Shop for unique gifts:

- Books
- Attic Treasures
- Baking and Gourmet Foods
- Jewelry
- Antiques and Collectibles
- Silent Auction
- Arts and Crafts
- Linens, Kitchen and Bath

Then take a break from shopping at the *Yuletide Café*.

**Donations:** Your donations to the Bazaar are gratefully accepted at the church office anytime during regular office hours or on Sunday mornings. We especially need baking and home-made foods like pickles, relish, salsa, soups; home-made crafts; and unique items such as china or crystal.

Please drop off bakery and perishable food items on Friday November 6<sup>th</sup>, anytime during business hours or in the evening from 5:00-8:00 pm at the Gladstone entrance, where someone will be available to let you in.

**Volunteers:** We are pleased to report that Judy Hamley has agreed to take on the Convener role & Deb Paterson has agreed to take on coordinating the production set-up & clean-up. Both are looking forward to working with Ann & Val and all the wonderful volunteers from the Parkdale family that make the Bazaar such a success. But we still need additional volunteers. If you can help

We enjoy meeting you and being together in ministry. Parkdale's congregation responds to God's call and Jesus' teachings by:



Uniting in joyful worship as an act of praise and gratitude, for inspiration and guidance

Providing learning opportunities for the Christian way of life and to enhance Biblical literacy



Supporting each other through pastoral care and concern

*Reaching out to people in need*

Promoting justice

Praying for guidance, wisdom, and support.



### **Visitors and newcomers to Parkdale:**

Please be on the look-out for our hospitality team who wear pale yellow nametags and would be happy to meet you and answer your questions. Ask for the 'Welcome to Parkdale' edition of the Messenger, which has a striking goldenrod cover.