

the Messenger

PARKDALE UNITED CHURCH NEWSLETTER



Parkdale United Church

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We are always looking for new ideas, volunteers and submissions. We reserve the right to edit, condense or reject submissions, but will try to find space for all.

Next issue: **October 2015**
 Editor next issue: **Danica Rogers**
 Please send articles and materials to messenger@parkdaleunitedchurch.ca or the church office by **Sunday September 13th**

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IMPORTANT: When submitting photos to the Messenger, please ensure you have asked permission of the individuals if their faces are clearly recognizable. They should know that an electronic PDF version of the Messenger is posted to the Parkdale website.

See: <http://www.united-church.ca/getinvolved/connections/photos/permissions>



FROM THE MINISTER'S DESK

A Pastor's Reflections and an Invitation

Wendy and I experienced a wonderfully enriching two-week vacation this summer. We journeyed out West to visit friends and family and to delight in the wondrous expression of God's grand creation – mountains, lakes, rivers, ocean, hiking trails. We were in Calgary, Edmonton, Vancouver, Nanaimo, Parksville, Qualicum Beach, Coombs, Victoria and Bellingham, Washington State – yeah, we like to be on the move.

We are so grateful to God for the hospitality, laughter, hikes, meals – including desserts, worship, prayer, picnics etc. we experienced with family and friends. In addition, a particular highlight for us was taking the VIA train from Edmonton to Vancouver....as the hymn writer says "*How does the creature say awe...*" WOW! We give God praise and thanks for this arresting and sacred beauty. We also continue to pray for the many families and communities ravaged by the devastating wildfires that have plagued many regions of the interior

of British Columbia.



I realize that not everyone has the opportunity to get away in the summertime, but I pray that at least most of us have had some restorative and re-creative time and experiences. We have now entered that all too familiar season of 'back to school', even if there is no one returning to school in our households.



Here at Parkdale we return for another season of communal worship, ministry and faith-formation programs and activities. It is a special year for us as next May we will be celebrating Parkdale United Church's eighty-fifth (85th) anniversary. Milestones such as these can be wonderful opportunities to take stock again of whose we are (*God's*), what we are for (*our mission and purpose*), and how well we are living into our calling as disciples of Jesus

(growing in faith and bearing faithful witness in the world).

When we said goodbye to our friends in Calgary and drove north to Edmonton, we stopped in a town called Ponoka, about 180 km north of Calgary. It was the town in which I undertook my first summer ministry internship at the Ponoka United

Church, way back in my seminary days. One of my areas of responsibility was youth ministry. I remember that one of the most incredibly rich and animated conversations on faith and life I had with the young people, came after we had watched the movie entitled “*The Neverending Story*”. This was a story written originally in German for adults by Michael Ende. It was made into a movie that quickly became a favourite among children and youth.

The story revolves around a boy named Bastian who is about nine or ten. He is very shy and has retreated into books as a refuge from his neglecting father and rather painful and awkward interactions with his peers. It is while running from a bullying event with some of these peers that he stumbles into an antique shop owned by Carl. Bastian becomes engrossed in a book called *Fantasia*. He steals the book and takes it home to read in his attic. As he reads, Bastian is more and more enthralled but becomes terrified when he realizes that the story he is reading cannot proceed without his participation.

The protagonist in the book, Atreyu, is a boy about the same age as Bastian. However, Atreyu is a brave warrior who has been sent by the ill



Empress to find a cure for her illness as well as for the **Nothing** that is slowly consuming the whole land. Atreyu – through a very imaginative literary move – asks the reader Bastian to help him and to enter the story. At first Bastian resists, but then with some trepidation he jumps into the story line and in effect significantly impacts the unfolding of the story. As he moves back and forth

between these two “worlds”, he discovers new courage and confidence, confronts his fears and learns to trust. All of this ends up diverting a plot line that was heading pell-mell into disaster. As a result, this partnership with Atreyu issues in a positive ending for *Fantasia*.

I believe that this story has something to say to us this September and beyond. It is an intriguing metaphor for the life of Christian faith. God is undertaking the work of mending, blessing, saving and stewarding the world. There are forces at work seeking to undermine the work of God. Jesus has come and has taught and modeled whom we are to trust and how we are to get involved in the story of this trustworthy God. For his faithfulness, Jesus was crucified. But God raised him from death and he is alive. The Spirit of God beckons us, like Atreyu, to come and jump into the story of God’s mission to the world. For it is true that our faithful participation in this story of

God's love for and redemption of the world, actually positively impacts the outcome.

Parkdale United Church's **Vision Statement** reads: *"To form followers of Jesus in such a way as to transform our community and our world."* **Our Mission** states: *"Parkdale's congregation will respond to God's call and Jesus' teaching by: uniting in joyful worship as an act of praise and gratitude, for inspiration and guidance; providing learning opportunities for the Christian way of life and to enhance Biblical literacy; supporting one another through pastoral care and concern; reaching out to people in need; promoting justice; and praying for guidance, wisdom and support."*

May I invite us...and even challenge all of us, to 'jump into' the story of God that is being lived out in a particular way through this congregation. Commit to the blessings and joys of regular Sunday worship, youth events, Sunday school, Bible study, outreach and justice (e.g. In from the cold, aboriginal reconciliation), faith formation sessions, singing in the choir, ushering, pastorally caring for one another, caring for our church building, teaching and/or supporting ministry to and with our children and youth, and serving on committees and ad hoc groups. There are so many ways to honour God and live in the way of Jesus here at Parkdale.

Let us make this a special year in our life and witness together. Who knows this anniversary year might be an occasion for God's Spirit to inspire us to pray and to think imaginatively about how we employ all our gifts and assets as a community of faith, for the emerging reality in our neighbourhood, city and society.

When in Ponoka, Wendy and I were struck by the discernment and courage of the United Church congregation there. Faced with dwindling numbers in the congregation, the small and committed group reached out to a local theatre production company to see how they might work together for the good of the town. This led to a partnership commitment to tastefully and respectfully redevelop the sanctuary into a terraced auditorium, with staging and



Renovations at Ponoka Church

lights. There is no such facility in the whole region. The congregation will worship – the renovations are almost completed – in the sanctuary on Sundays and other times, while the theatre company will continue to bring high quality theatrical productions to the space. Wendy and I spoke with the coordinator from the production company who was supervising the renovation. He said that this was a win-win-win for the church, the theatre company and the entire town. It is bringing people together of varied backgrounds and some have been captivated by the life of the church and are now joining in worship with the congregation. Who can ever predict what possibili-

ties to minister faithfully God may bring our way?

Sincerely,
Anthony

Announcements:

Tuesday Morning Bible Study resumes on Tuesday September 15th at 9:30 am.

Wed. September 16th, 7pm: First evening of **Soul Keeping**, the faith formation session (which is now full) in the Ladies' Parlour. Those who signed up, please arrange to pick up your book and participant's study guide after worship on Sunday September 13th. (Cost is \$38).

Ottawa Presbyterial UCW Fellowship Day Monday, September 21, 2015

The women of Parkdale United Church are cordially invited to attend the Ottawa Presbyterial UCW Fellowship Day on Monday, September 21, 2015 at Glen Cairn United Church (140 Abbeyhill Drive, Glen Cairn). Registration followed by refreshments begins at 9:30 a.m. with time to visit the UCRD book table, the fair trade table and the Mission & Service fall produce table before the morning programme begins at 10:00 a.m. Lunch is provided by Glen Cairn UCW for \$10/ person. The morning programme includes



a hymn sing and worship, followed by a presentation by OASIS, a local support initiative for caregivers of those with mental health issues. In the afternoon, the Rev. David Sherwin will share his experiences as an adult supervisor for YAYA's trip to Haida Gwaii.

If you are interested in attending, please contact Beth Gutsell (613-729-8228) or the Church Office (613-728-8656) *no later than* **Tuesday, September 15, 2015.** Transportation is available. Glen Cairn United Church is fully accessible.

LECTIONARY FOR SEPTEMBER

**September 6 – Fifteenth
after Pentecost**

Proverbs 22:1–2, 8–9, 22–23

A good name rather than riches.

Psalm 125 (VU p. 849)

Do good, O God, to those who are good.

James 2:1–10, (11–13), 14–17

Faith without works is dead.

Mark 7:24–37

The Syrophenician woman's faith challenges Jesus.

**September 13– Sixteenth
after Pentecost**

Proverbs 1:20–33

Wisdom cries in the streets.

Psalm 19 (VU pp. 740–741)

The heavens declare the glory of God.

James 3:1–12

Not many of you should be teachers of God's word.

Mark 8:27–38

Who do people say that I am?

**September 20 – Seven-
teenth after Pentecost**

Proverbs 31:10–31

A tribute to a capable woman.

Psalm 1 (VU p. 724)

Blessed are those who follow God's law.

James 3:13—4:3, 7–8a

Wisdom from above is gentle and peaceable.

Mark 9:30–37

Whoever welcomes a child, welcomes me.

**September 27 – Eight-
eenth after Pentecost**

Esther 7:1–6, 9–10; 9:20–22

Esther pleads for the life of her people.

Psalm 124 (VU p. 848)

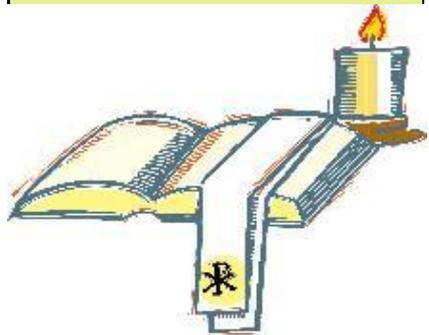
If God had not been at our side.

James 5:13–20

The sick should be anointed by the elders.

Mark 9:38–50

If your hand causes you to stumble, cut it off.



**Letter of condolence and support
from Parkdale United Church to Emanuel African Methodist
Episcopal Church in Charleston, South Carolina.**

June 19, 2015

Emanuel African Methodist
Episcopal Church
110 Calhoun St.
Charleston, South Carolina
29401-3510

Dear Sisters and Brothers in
Christ,

We, the Council of Elders and the Congregation of Parkdale United Church, hasten to extend our deepest condolences to the congregation of Emanuel African Methodist Episcopal, and especially to the families of Rev. Clementa Pinckney, Cynthia Hurd, Tywanza Sanders, Rev. Daniel Simmons Sr., Rev. DePayne Doctor, Ethel Lance, Myra Thompson, and Susie Jackson. Our hearts are broken and our grief is deep. Our grief however, cannot compare with yours as you lived and ministered and worshipped and laughed and cried and prayed and loved with these beloved saints.

Please know that our prayers are being offered to God on your behalf. We pray for comfort and for peace and grace. We are outraged that an historic place of worship, prayer, service, healing, witness and defiance in the



face of enslavement and oppression in earlier generations, was violated in such a violent, hateful, racist and targeted way.

However, we are moreso inspired and encouraged by the response of love, forgiveness and the call to repent and be transformed offered to Mr. Dylann Roof. In so doing you are exemplarily bearing witness to the life, teaching and empowerment of our Lord and Savior Jesus Christ. For love is more powerful than hate; forgiveness is more transformative than vengeance; and repentance is more life-giving than 'unrepentance'.

Our common call as followers of Jesus is to bear witness in word and deed to the transformative gospel of Jesus Christ. In the midst of hatred and racism and violence we are called not only to love and forgive and where possible seek reconciliation. We are also called to protest the conditions and the systemic attitudes and policies that foster and per-

petuate racism, violence and hatred. We know that love and peace and radical welcome and hospitality will win the day, for this is God's promise. And we also know that God requires us to seek justice, to love mercy and to walk humbly and attentively with God. Hence we pray with you for discernment about how to faithfully move forward as congregation and as a community of faith that bears witness in social, political and legal spaces.

You have inspired the world with your love, your forgiveness, your faith, your resilience, your unshamed willingness to openly grieve and your witness to the

redemption Jesus longs to perform in us and for us. We rejoice that many, of all backgrounds and faiths, have come together to be in solidarity with you.

May you be strengthened and blessed with peace, comfort, grace and faith. Know that we and countless others join in love, prayer and solidarity with you all.

With Love and Prayers,

Rev. Dr. Anthony D. Bailey
Senior Minister, Parkdale United Church
on behalf of our Council of Elders
and our entire Congregation



Be still and know that I am God...

Psalms 46:10

Christian meditation resumes

Wed., Sept 2nd, 5:30 pm in the Ladies' Parlour

You are invited to join the gatherings of Parkdale's Christian meditation group. Each week we pray, listen to readings about meditation by John Main or Lawrence Freeman then sit together for 25 minutes of silent meditation. The one-hour meeting includes time for questions and answers and sharing. You can come anytime, no need to attend regularly or to have any previous meditation experience. All are welcome.

Information: Elise Mennie (819)-595-1294 or dunmenni@hotmail.com



Welcome to nine new members who officially joined our congregation during the June 28 worship service. From left to right: Milton Sealy, Ian Paterson, Deborah Paterson, Zaya Kuyena, Bonnie Braithwaite-Lee, Theodora Newton, Hubert Rayne, and Hepsy Griffith. Stephen O'Grady is absent from the photo. Theodora joined through affirmation of faith, Debora and Ian joined through transfer from St. John's United in Halifax, N.S., and the others joined through re-affirmation of faith.

Before the service, the Membership Development Committee hosted a breakfast and information session for the new members in the Ladies' Parlour.



Parkdale's Family Camp – June 2015

Parkdale's June "Castaway" Camp at Gracefield was a wonderful time of fellowship and fun. The weather was spectacular and many hours were spent in and on the lake. About 45 members of our church family participated including 18 children, six youth, and adult couples and singles of all ages.

We had great times singing around the campfire and during our open air church service. On Saturday afternoon there were prayer walks for all ages. On Friday and Saturday evenings s'mores, marshmallows, and hot

dogs were cooked over a roaring fire as the sun set.

Beautiful natural items were gathered, sketched, and admired during our team scavenger hunt where quality, not speed, was the operative word. Groups spent over an hour hunting down bark rubbings, making pencil drawings of insects and birds or looking for special rocks.

One of the highlights of the camp was our boat-making craft. Materials were provided but no instructions so all sorts



of creativity was invoked. Afterwards we took our vessels down to the lake and floated them with varying levels of success.

This year, for the first time, those who were interested gathered at the archery range to learn some bow skills and test their abilities.

During Sunday worship, it has become a tradition to read out the “special moments” that people have recorded happening over our two days together. Here are some of them:

“When I got a bull’s eye at the archery range”



“Kendra showing up for the prayer walk with only one shoe, hopping from foot to foot”

“Ben’s first time in a kayak”

“A quiet moment on the dock when Maxim leaned over, hugged me, and said, ‘I love you’”

“Joan sits down next to the sandbox and a nursery forms beside her”

“Tania saw a mama porcupine and baby”

“The boys running to the fort”

“Warming up on the rocks after a swim”

“Loud loon calls on the lake” (This followed our boisterous singing around the campfire – coincidence? I think not!)



Our family camp allows for these quality experiences and the opportunity to share them together; and to have time for real conversations out in a canoe, laying back on rock, or tramping along a wooded path looking for the hidden gems in nature. The presence



of God seems very real in the beautiful surroundings.

On Sunday, after worship and before lunch I had about 20 minutes to sit very still and quiet in an Adirondack chair. In those few moments a chipmunk passed within inches of my foot, and several birds hopped within reach of my hand. I became a part of the nature we too often feel as if we are watching from the outside.

I would like to thank the people who helped make the camp experience possible. Many generous Parkdale people gave donations in order to help defray the cost of camp and to make sure that everyone who wanted to attend, could do so. The Christian Education committee assisted with the planning and LJ Benoit and Johanna Lace were my

right and left hands in preparing in advance and helping to make sure that details got handled once we arrived at Gracefield.

Thanks to Lauren Barbour who handled registrations for the most part and Rhonda John who brought the marshmallows and s'more supplies. Elaine West drove some campers to Gracefield.



When at camp, the adults help to make sure that all children have an opportunity to swim and get out in the boats. All the children are everyone's children. Older youth also help in a variety of

practical ways including helping to entertain our littlest campers and running messages back and forth from one end of the extensive campground to another.

Submitted by Melodee Lovering





Photos by Melodee Lovering.



Birthdays in September

Our warmest greetings to:

- 3rd Camrynn Haynes
- 5th Liam Praamsma
- 8th Liz Harrison
- 9th Maxim Beaufort-Bradley
- 10th Marion Baird
- 11th Kevin Bosch
- 16th Mirriam Lanyom
- 16th Freda Sutton
- 20th Ubong (Mike) Akpan
- 21st Samatha Larabie
- 22nd Maija Duncan
- 22nd Elsie Harman
- 27th Charles Noir
- 28th John King
- 29th Gail Thain



If you would like your birthday to be a secret and your name taken off the list, or if your name was not included and you would like it to be added, please let the office know.



Special Thanks

to each GARDEN HELPER who has worked to keep our Memorial Garden and Grounds looking very well cared for this summer.

Let's keep it up until after Thanksgiving!



Parkdale Kids Clothing and Toy Swap Sunday September 20th Everyone welcome!

The Swap will be held after the service on **Sunday, September 20** in Memorial Hall. People are invited to put out clothing, toy and book items for children and youth of all ages – not just babies – before the church service, from 9:30-10:30 am. All interested people may come and take the items they want after the service, from 12:00-1:00 pm. Drop by on your way home! Bring a friend along, or pick up some items for someone you know!



Clothing should be divided into boys and girls clothing by size. Shoes, toys, games, books, bikes, sports equipment, baby gear, and maternity/nursing clothes can also be swapped. All items should be in good condition with all the pieces. Leftovers will be kept for the rummage sale the following week. Contact Jaylyn Wong for questions (jaylynanddave@rogers.com).



Marion June BAIRD



(Nee Anderson) 1934 – 2015
R.N. Graduate of Civic Hospital
1956



It is with sadness that Marion's family announce her passing on June 30, 2015. She leaves behind her beloved husband of 57 years, Stanley Baird and her children, Donna (Troy) and Gord (Angela). A proud Grandmother of Shane, Spencer, Emma, Noah, Jonas, Sam and Haley. She will be missed by her brother Jack Andison (the late Betty) and by her sister Jean (Bud Shore) and by her brothers-in-law Len Baird (Barbara) and David Baird (Marion) and by her many nieces and nephews. A special thank you to the staff of the General Hospital's 6th Floor South west for their care and compassion.

Dr. Arnold FAUGHT



July 3, 1931 – August 14, 2015



Born in Cobden, Ontario, Arnold was the son of the late John and Annabel (Leach) Faught. Survived by his loving wife Barbara (née Stephens) of 53 years. Father of Andrea, Darroch (Heidi Segal), Carolyn (Paul Crabtree), Jennifer Manhire (Tim Manhire) and Stephen. Beloved grandfather to Amy, Emily, and Joshua Evans, Cassidy and Morgan Faught, Madeleine and Hannah Crabtree, William, Ellen, and Georgia Manhire. Arnold is the brother of Ross (Fern), Ann Anderson, Ward (Donna), Lorna Burwell (Malcom) and Sam. He was predeceased by his sisters Bernice and Isobel and his brothers Elmer, Harry and Murray. Arnold practiced pediatrics in Ottawa for over forty years, in private practice and as a member of the staff at CHEO from 1974 until 2004 specializing in endocrinology. He loved his work and was much loved by his patients and co-workers. He had a deep Christian faith all of his life and this was expressed in a profound gratefulness for the gift of his life, work, family

and friends. Many a church congregation was moved by his strong yet gentle tenor voice. For his children he was a loving, kind and patient father with a slapstick sense of humour and a boyish adventurousness and love of the outdoors which never left him. His grandchildren were the delighted recipients of these gifts as well. But Arnold's greatest love and devotion was always to his wife Barbara who remained his everything even into his last days.

Both Marion and Arnold will be lovingly remembered by their many Parkdale friends. We extend our heartfelt condolences to their families.



Friendship

by Sylvia Helen Vincent c 1986

The feelings of friendship should not be denied
For friends are important to all;
They can fill you with joy, with pleasure or pride
Or can sadden.....and make your heart fall.

All friends should be treasured and treated with care
For love of a friend is fragile:
They should always be offered laughter to share
And a hand to help over a stile.

True friendship deepens with love from the heart
As flowers respond to the sun;
And so sharing the warmth that this love imparts
Returns love to the Source it began.

IN FROM THE COLD MINISTRY

Our fourteenth season begins Saturday, November 14th. Cici will send an email to former volunteers in September regarding their availability to continue to serve. New volunteers may contact CiCi through the website iftc@parkdaleunitedchurch.ca or complete a Volunteer Registration Form located at the four doors of the Sanctuary, and return it to the collection plate or to the Church Office. You can also pick up a brochure outlining the purpose and an overview of this ministry at the four doors of the Sanctuary.

COME JOIN THE TEAM!

Fundraiser for IFTC

**Hintonburg Harvest Festival
Saturday, September 12**

12:00 to 3:00 pm

At the Parkdale Market (Parkdale Ave at Armstrong St)

Please join us at Hintonburg's Harvest Festival! There will be children's games, crafts, face painting, Giant Bouncy Slide,



BBQ, baked goodies, music and dance contests. Funds raised at the BBQ and bake sale will support our *In From the Cold* ministry.

Needed: Baked goods and treats! Please package goodies for individual sale or plate them to be easily accessible. Please include a list of ingredients that we can display. Drop off your items at the bake sale on Saturday Sept 12 between 10:30am and 12:00 or arrange to drop them off at the church the day before.

If you are able to help, please contact Camille Beaufort at cyblusville@yahoo.ca or the church office 613-728-8656. Thank you!

Take Charge of Your Health



Make more informed healthcare decisions

If you are a senior and want to learn more about:

- ✓ Choosing to Age at Home
- ✓ Talking with Your Health Care Providers
- ✓ Being Prepared for a Sudden Health Crisis
- ✓ When Living at Home is No Longer Possible
- ✓ Staying Healthy and Socially Connected

We invite you to participate in our small relaxed group discussion sessions led by volunteer facilitators who are also seniors. One of the topics listed above will be discussed each week over a five-week period.

To find out more or register, please contact:

Cynthia (COA Volunteer)
yourhealthtakecharge@gmail.com
613-793-4984

Register Now for the Fall 2015 Sessions (English)

Free Weekly Sessions from
October 5th to November 7th

Locations:

Wednesday 9 am – 11:30 am

- 30 Rosemount Ave

Wednesday 1pm -3:30pm

- 30 Rosemount Ave
- 363 Coventry Rd
- 4200 Labelle St

Friday 9am – 11:30 am

- 1247 Kilborn Place

www.coaottawa.ca

The Council on Aging of Ottawa
40 ANS 40 YEARS
Le Conseil sur le vieillissement d'Ottawa
1975 - 2015

Ike and Gloria Goodine are involved as facilitators in this program. For more information, contact either of them at 613-232-5524 or enquire directly with the contact person mentioned in the poster above.

Mission, Outreach and Justice Committee

Save these dates:

September 12th, 12:00 – Come and support the Hintonburg Harvest Festival BBQ as they raise money for our In From the Cold ministry. We already have enough volunteers lined up; however, we welcome baked goods for our goodies table. Please make a list of the ingredients used. **To be held where?** The Parkdale market playground. Hot dogs, drinks, fun games, face-painting, and much more for the children.

September 25th - 7:00 - 9:00 pm - Images & Stories return with a repeat presentation by popular demand of Hannie Fitzgerald's "Northern Labrador in those days".

October 17th - "Celebrating our Cultures" with a visit to Australia, its life and people.

October 30th - Images & Stories - 7:00 - 9:00, Elise Mennie presents "Peru, land of the Incas"

November 21st 7:00 PM - Parkdale Concert for our Refugee Fund. We are still optimistic that the refugee family will arrive. The process has been very slow but we remain hopeful that they will arrive.

November 27th - Images & Stories 7:00 - 9:00, Barbara Hennessy presents "Alaskan cruise."

Stay tuned for more information!
Submitted by Faye Beaufort

Finance Committee News



About Parkdale's Financial Position for First Six Months of 2015

Here follows a summary of our financial position at the end of June 2015 with some comparison to the first six months of 2014. The Finance Committee met in June and approved the May statements and will next meet in September to review and approve the statements for the three month period from June to August. This is a sneak preview for all!

A Standing Invitation

You are invited to attend that meeting of the Finance Committee on September 15 at 7 pm and participate in the discussion. Please be assured that no special training or prior knowledge is required. Questions and comments are welcomed. It would be helpful to let the office know if you plan to attend so that we can prepare enough copies of the statements and other documents.

The Summary

We are in an overall deficit position in General and Capital at the end of June 2015. The deficit is \$27,782 which is higher than last year when

our deficit was \$24,578 at the end of June. (It is worth noting that Parkdale is always in deficit at the end of the first six months.)

To date, in 2015, we have received \$3,726 for Refugee Support towards the budgeted amount of \$18,600 for this year. The total amount required is \$30,000 and we are holding \$11,378 in the Memorial Fund leaving a shortfall to date of \$14,900.

As of the end of June, the Capital receipts are \$18,466 higher than expenditures. Total Capital expenses are budgeted at \$55,600 and to the end of June, expenses total just over \$4,425. New kitchen counters, backsplash and sink budgeted at

\$5,000 installed in August are not yet reflected in the statements.

Looking Ahead

At the AGM in February, we budgeted for a deficit of \$22,560 in 2015. Of course, we trust that we will have no deficit at all and perhaps end the year with a surplus.

The Finance Committee will provide regular updates in the Messenger and Sunday bulletins.

Each of us has a role to play. Our ministries depend on us as individuals and families remembering always that we are blessed to be a blessing (Gen 12: 2).

Kathleen Stephenson, Treasurer

Images and Stories



Northern Labrador in Those Days



Back by popular demand!

Friday, September 25th at 7 pm
In the Ladies Parlour



Join us for a presentation by Hannie Fitzgerald of her life and upbringing in a Moravian Mission in Northern Labrador. This is Hannie of the "Fumblin' Fingers" who often serenades our In From The Cold guests with traditional music from the East Coast and beyond. Enjoy discussion and refreshments afterwards.





Parkdale Council met twice during the month of June to discuss significant items.

Meeting of June 2nd

Melodee led the opening devotion, using the Spice Rack curriculum, which is being used by the Youth Class for their study of the Book of Acts. She reminded us that the apostles were not perfect, but once touched by tongues of fire and consumed by the Holy Spirit, they went on to create the Christian Church. We sang “Lord You Have My Heart”. We then read Acts 5:12-42, and identified the various emotions that were experienced by the characters depicted therein. These included fear, wonder, hope, confusion, expectation, jealousy, discouragement, curiosity, concern, faith, anger, determination, and humility. We broke into small groups and explored five questions related to what constitutes a healthy church. Returning to plenary, groups reported their responses to these questions. Melodee closed in prayer.

Correspondance

Council Chair, Blaine Pauling, read a letter from John Stinson conveying information of a bequest from the estate of Margaret Stinson in the amount of \$5,000; the funds, which have been deposited in the Memorial Fund, are to be used for Christian Education. A thank you has been sent.

Revised Investment Policy

Scott Andrews outlined the major changes to the policy, which was originally adopted in 2007 and expired in 2012. These reflect an attempt to make the policy more reflective of our current investment reality. For example, the old policy recommends that we invest a certain percentage of our funds in foreign holdings. As Parkdale currently has no foreign investments and our financial advisor advises against this, the policy has been revised to reflect this reality. The new policy retains our commitment to socially responsible investment and defines fixed income as including preferred shares. The draft revised policy was distributed to Council members by e-mail and was later adopted by council at its June 16th meeting.

Ministry and Personnel

Chair Judy Hamley provided information on a request from staff that all three attend a conference on the theme of “Planning Advent” in North Carolina in September 2015. Participation at this conference would provide an opportunity for teambuilding and would replace the staff retreat that was anticipated in the 2015 budget. The event will stimulate creative thinking for worship, an area that is of interest to all three pastoral staff. After some discussion, Council endorsed the attendance by Parkdale’s three pastoral staff at this conference.

Technology Working Group

Melodee Lovering introduced members of the Technology Working Group: Gary Crocker, Carolyn Halkett, Richard Hamley, Danica Rogers, Trevor Williams-Priddie, Susan Pfister (not present), Barbara Faught, Anthony Bailey and herself.

Barbara Faught, Chair of Worship, provided a brief introduction to the topic, noting that it has been under discussion for several years. It was specifically mentioned during the visioning session at the end of our Unbinding sessions and at the October 2014 Council retreat. The Worship Committee subsequently asked people who were interested in technology to form a working group.

The Working Group worked closely with Dave Patterson of the Orleans United Church Audiovisual Team, who came to Parkdale to assess our situation and to provide advice. Two challenges are the width and brightness of our sanctuary and the distance from the back of the sanctuary to the front, resulting in the need for a very powerful projector.

Two quotes were received: one from AVISPL for approximately \$65K, including two 11000-lumen projectors at \$18K each, and the second from Interactive Audio Visual, for \$53,756, which includes two 8500-lumen projectors and a third projector so that the choir and the ministers can see what the congregation is seeing. The latter quote is preferred by the Working Group,

because of the inclusion of a third projector and also because this would include the added value of Dave Patterson's experience with Orleans United. In addition, the first quote does not include screens and other items, so the actual cost would be higher than the estimate. Screens will be mounted on the wall and will come down when not in use. There would be some additional cost for installation and electrical work; the expected total is anticipated to be somewhere between \$55K and \$70K.

Money aside, a significant challenge pertains to human resources: additional people are needed to work in the control booth. At a minimum, the current complement of three should be doubled to six. The new team has to be in place to be trained when the equipment arrives. This is a critical commitment; there has to be commitment to both the financial and the human resources side. The Technology Working Group was adamant about the need for an integrated AV team to be identified before the purchase is made. After considerable discussion, Council accepted the Working Group recommendations with respect to the use of audio-visual technology conditional on resolving the outstanding financial and human resource issues, to be discussed further at the June 16th meeting.

As at all meetings, Committee Chairs provided highlights of the work of their committees.

Beth Gutsell, Presbytery representative, reported on a successful Montreal-Ottawa AGM at the end of May. The theme was “Sacred Ground” and the symbol was the burning bush. Beth reported a very focused and positive discussion by eight task groups that led to a coherent and cogent set of proposed amendments to the UCC Comprehensive Report to be tabled at the 42nd General Council meeting in August 2015.

Harry Allen, chair of Finance, noted that there is a \$13,000 Revenue item in the 2015 Budget related to the Bazaar; there is a need to find coordinators to support Ann Tompkins and Val Hum, who are stepping down.

Faye Beaufort, chair of Mission, Outreach and Justice, asked that the record show appreciation for the work done by Elise Mennie on the Living into Right Relations with Indigenous Peoples sub-committee. Elise translated the blanket exercise into French and it was presented in French to about 200 people during the TRC closing activities.

Anthony expressed his pride in the number of people (approximately 30-35) who had participated in the TRC Walk on Sunday, May 30. He also extended congratulations to Debbie and the Roi family on the upcoming marriage of Debbie and John’s son Adam on Saturday, June 6. Anthony closed the meeting with a meaningful prayer.

Meeting of June 16th

Rev. Debbie Roi led the opening devotion, on the theme of blessing. She said how blessed she had felt after the last Council meeting, and also after the last session of the small study group she led which was based on a book entitled *The Blessing* by John Trent. Four scripture lessons were read:

John 13: 3-17 Jesus washes the disciples’ feet

John 4: 5-15 Jesus with the Samaritan woman at the well

John 21: 15-19 Jesus’ command to Peter to ‘feed my sheep’

Luke 15: 11-23 The parable of the prodigal son

These readings were interspersed with singing Hymn 563 from Voices United “Jesus, You Have Come to the Lakeshore”.

Debbie then asked Council members to bless the person next to them, citing individual gifts and thankfulness, and then to offer a promise or a commitment. This was a truly blessed time of sharing. Debbie closed the time of devotion with a prayer of blessing.

Blaine Pauling read a thank you from Eileen Wood for Parkdale’s donation of \$190 to the Ottawa Presbyterial UCW. Then he read excerpts of Ann Tompkins’ letter, submitting her resignation as convener of the Bazaar and advising that co-convener Val Hum would also be stepping down. Blaine noted the importance of finding new volunteers for the bazaar as well as for

other Parkdale activities. Council requested that Ann and Val be thanked for their considerable contribution over many years to the annual bazaar and that they each be asked to provide a short job description/ summary of how they perceive their roles. When these are received, the Recruitment and Succession Planning Chair will assist in finding people who are willing to help in this capacity.

Anthony extended thanks from the Salibokos, the Congolese refugee family who had stayed with Wendy and himself while in Ottawa for a meeting with embassy officials to finalize documentation, for the help provided to them from Parkdale's benevolent fund.

Technology

Council then returned to the discussion of Technology begun at the previous meeting, specifically with respect to funding and recruitment. The importance of recruiting a dedicated AV Team was reiterated and the need to clarify exactly what kind of support is required was expressed. Ideally, we require a team of 4-6 people to run and maintain the system; they would be given training on equipment use as part of the purchase price, so we need to know who they are before we finalize the purchase.

With respect to the funding model, it was agreed that 50% of the cost should be raised before the purchase is made, as well as having a dedicated AV team in place. There is \$12K allocated in the 2015 Budget for this pur-

pose. There followed a wide-ranging discussion, particularly with respect to the question of whether the \$10K gift from Emmanuel should be used to partially offset the purchase costs. In the end, it was decided that the \$10K Emmanuel gift should not be used at this time, but this decision could be revisited in future, depending on circumstances.

At this point, and quite unusually, it was suggested that an anonymous polling of Council members take place in order to determine the financial extent of their commitment. Papers were distributed and the result was a total pledge of \$3,300 from the 13 Council members present. A subsequent polling of members not in attendance brought the total pledge from Council members to a total of just over \$5,000. It was also agreed that the congregation should be fully briefed on the plan to purchase this equipment. A 'Minute for Technology' was planned for June 28, 2015, to give notice of a more detailed presentation to happen during Rally Sunday on September 13, 2015. Council approved the funding plan and the action plan as discussed; the objective is to have all of the equipment in place for Advent.

Stewardship

Anthony then reminded us of the background events leading to the decision to have a stewardship campaign. There had been a motion from the February AGM that Council should lead a multi-faceted stewardship campaign, and seek outside re-

sources to assist in this regard. More recently there was the May 23 Stewardship event. All of which emphasized the importance of having a stewardship conversation that frames a broader understanding of stewardship. Anthony distributed copies of a document entitled “Getting Started”, part of a UCC Congregational Giving Kit; the full kit is expected to be available in August. Anthony invited Council members to read the document and prayerfully consider its implementation. Part of the plan would include preaching themes focused on involvement in church, money, etc. throughout the Fall. This is a continuation of the mandate received from the AGM to engage in a stewardship campaign. The intention is to engage in an intentional conversation about stewardship, starting at the latest on the last Sunday in September.

First Aid Training

Judy Hamley advised that Parkdale staff has requested first aid refresher courses and defibrillator training. The Ottawa Paramedic Association is willing to offer half-day sessions for a cost of about \$55 per person. Council approved the provision of first aid training opportunities to staff and the extension of the invitation to Council members, Sunday School teachers, Committee members, ushers and others.

Possible Mission Trip

Rev. Debbie Roi outlined the possibility of responding to requests from various members of the congregation

for a “Mission Trip” with a possible Habitat for Humanity Build. Debbie provided background information on builds that she had led in the past in Mississippi and Alabama, and commented on the opportunity for strengthening bonds with one another as well as the potential for spiritual transformation. Debbie’s experience has been that builds in the US focus much more on faith than in Canada; this is something that could be brought back to Ottawa builds.

There was considerable discussion of this potentially exciting project, with some concern about why the focus on the USA and not Canada, where there are so many needs, e.g. first Nations and others, much closer to home. It was made clear that the purpose of this would not be to replace the Ottawa experience, in which Parkdale is involved, but rather to bring lessons back and enhance the Canadian experience. In addition, there are many advantages to being away from home that require people to draw closer together for support and to grow together in faith. Council agreed to support Debbie’s proposal to put the idea to the congregation and meet with interested people to explore options and possibilities, including those in Canada. Blaine advised that work continues to recruit people for the Strategic Planning exercise, with a proposed start date of September 2015. Melodee closed the meeting in prayer.

Submitted by Helen Hayes



YULETIDE BAZAAR 2015

Rewarding Volunteer Opportunities Available

As always it seems odd to be writing an article for the Christmas Bazaar while the sun is warm, everyone is still wearing shorts and t-shirts and thoughts are about cottage or picnics or just enjoying the outdoors. The last thing people are thinking about is winter and Christmas traditions.

However that is exactly what I am writing about, a Christmas tradition. This year the Bazaar is looking to get new volunteers, in particular someone to co-ordinate the production set-up and clear-up. Valerie Hum has held this position for a number of years and is looking to share and pass along her knowledge and expertise in this area. This job may sound very challenging but Val over the years has developed a marvellous system to organize and schedule what needs to be done and an impressive network of church and community volunteers. You will work with some great people.

The other position that is vacant at this time and needs to be filled is mine, convener of the Bazaar. It

may sound like a difficult role but it is not. My experience has been wonderful. The people I have worked with are truly amazing. I have met new members of the congregations, new people from the community, learned much about the rich history of our church and strengthened my own spirituality by taking on this role. It has been rewarding and I hope to share this with my successor this year.

If you are looking to get involved with an activity this fall, please give these positions your consideration. I would be happy to speak to anyone who would like more information.

Ann Tompkins
ann.tompkins07@gmail.com



Memories of the Walk for Reconciliation May 31st, 2015



I am very proud of Parkdale United Church and of the many people who have supported and continue to support the reconciliation/mutual learning/advocacy initiatives of our aboriginal-anishinaabe brothers and sisters. Leading up to the Walk for Reconciliation, Elise Mennie – to whom I am so grateful – helped mobilize us as a congregation to understand, prepare for and participate in this historic moment. The Heart Garden initiative with our children and youth, as well as the various learning circles organized around the City, helped many of us to better understand the issues facing Aboriginal peoples and to better get to know them and their traditions.

I am so proud of the 30 or so Parkdalers who were able to participate in the Walk as a part of the 10,000

walkers. There was such energy, jubilation and solidarity along that nearly 5km route. The vibe was palpable, the drums and chanting sonorous and the camaraderie infectious. The speakers and dancers on the stage at Marion Dewar Plaza were inspiring and profound. However, my favourite moment of the entire Walk experience occurred when one of the speakers asked humbly if any residential school survivors in the crowd who felt comfortable to do so, would identify themselves. There was a survivor standing right next to me who chose to do so. The speaker then asked the crowd to greet the survivor closest to them. The exchange I had with that gentleman still lives in my soul today. I thanked him for his courage and I said I would pray for his ongoing healing. He thanked me and said “As a black

person, you understand something about racism and about people wanting to hurt you just because of who you are”; and we nodded, and then hugged. Then our eyes locked in a kind of mutual acknowledgment and I said: “I think you have suffered more.” He smiled just before others in the crowd came to greet him and express sorrow and support.

The journey continues as does the hard work of non-aboriginal and aboriginal peoples living into the commitments and promises of Reconciliation.

Anthony Bailey

"As we made our way quickly to Victoria Island, I was thinking what an historic day it was. I wondered who would be there and how it would all turn out.

When we arrived, there were several small groups scattered here and there. There was a mood of anticipation, as we awaited the larger group from the Gatineau side to assemble on the Island. Then, from a distance, I could hear the faint sound of drumming—I knew The



Bev Sunday joined the 10,000 walkers at Victoria Island.

Walk was about to start! I ran up to a mound where I could get a better view towards Gatineau. Slowly a crowd started to appear on the bridge, row by row of people—drumming, singing and holding up banners, marching in time with the drums. I felt excited to see the mass of people growing, so excited that I almost forgot to look for our Parkdale group who were holding our banners and walking from Gatineau. I came to my senses and scanned the area to see where they



were. Eventually they passed by and I joined them. As we walked along Wellington Street to Elgin, there was a feeling of union/connectedness, and as we passed a church, people waved to us and the church bells rang out. It was truly a special day!"

Gloria Goodine

It was a great privilege to walk amongst so many other like-minded spirits, and to openly show support and understanding for those who have suffered greatly from attendance at the various Canadian Indian Residential Schools.

In the 5 years that I experienced daily living with the native community, not once did I ever hear any of the painful stories from their past. I did witness many disturbing patterns that evolved from that era, behaviour that can now be looked at from another angle, instead of being thought of along the lines of other negative stereotypes of the day. Only recently was I enlightened regarding an aunt

of my former spouse. She was very unhappy when she was taken away to the school in northern Ontario, in the small town of Spanish (now Espanola) Ontario, far from her family. She refused to eat, and I was relieved to hear that she was returned to her family, perhaps only for one more year, but it was a reprieve of sorts for her I'm sure at the time. Some of their stories were too shameful to repeat, and were kept buried for many years.

Now that more and more stories are revealed to the general public, my greatest hope is that there is a great healing, and we can learn from the gross mistakes and policies of the past. I pray also for forgiveness and hope that we can move forward together, to put this ugly past to rest. If I was to be awarded one gift, my prayer is that the upcoming generations will, at the very least, be given an equal chance at gaining a full education, with all the advantages to which other Canadian children are entitled. We must look forward in hope that this will come to fruition.

- Carol Ritchie



Aboriginal Drop-in Centre re-opens with community support

After closing in April due to cuts in funding, Odawa Native Friendship Centre's homeless drop-in centre was re-opened July 7th thanks to a rallying of community support. Shawenjeagamik (House of Compassion in the Algonquin Language), also known as Centre 510 Rideau, is now able to offer meals for up to 100 people a day, as well as counselling services, from July to December 2015, while it continues to seek more stable funding. The Right Relations Network of Ottawa, spear-headed by First United Church, put out a call to community groups for support in providing meals for the centre. Over 30 groups responded, including churches, synagogues, service clubs and even families. Each group agreed to donate \$150 per month until December 2015, or \$900, to cover the cost of buying food for one day per month. Parkdale's Mission, Outreach and Justice Committee voted to allocate this amount from its discretionary budget on behalf of the congregation. Volunteers



from the supporting groups have stepped up to help with kitchen and clean-up work. Those interested in volunteering are asked to complete a police records check and attend a training session. For more information,

contact Centre 510's volunteer coordinator, **Manuela Popovici at: amanuelap@gmail.com.**

Elaine West from Parkdale has been volunteering at Centre 510 this summer and offers her reflections below.

After The Walk.....Now What?

Reconciliation is a verb: to find the needs, to connect, to listen to the First Nations people as they share their lives and struggles, to learn about, to apologize, to reach out, to serve, to unite within a cause bigger than all of us, to bring others to an awareness of the past, the need for present action and changes envisioned for the future.

The Centre 510 Rideau is a place of respect where each person's

dignity is upheld and each person's heritage is honoured. I enjoy meeting folks at Shawen-jegamik for a couple of hours each week. The Seven Original Grandfather Teachings serve as guidelines for relationships in this community.

The guests are very congenial. They visit and share stories of their people, their land and every day events. They are most appreciative. Social workers are the onsite staff usually working between the dining area and their offices upstairs.

While Josh, the chef, provides nutritious meals, I either help in the kitchen or replenish the breakfast buffet from 8 am to 10 am. At any time, I may serve as a greeter at the door while people sign in. When I volunteer from 10 am to 12:00 pm, I help to serve the hearty lunch. From 12:00 to 2:00 pm we serve lunch and clean the Centre.

The opportunity to support people at 510 Rideau is both a privilege and blessing to me. I am happy when I enter the door and feel lighthearted, having connected with First Nations people who are grateful for the Centre.



Centre 510 Rideau Street

There are words in Hebrew which describe the action of reconciliation: “tikkun olam” means “repairing the world”; “tzedekah” means “charity”; and “chesed” means “acts of loving kindness”.

Many organizations have contributed funds to maintain Centre 510 Rideau until December. Now is the hour, the time to mobilize, to unite, to reform the abuses: inequality and injustice as seen in poverty, homelessness and very few opportunities to have a voice. Now is the hour to work for peace and justice. Let us share our God given resources with our First Nations sisters and brothers. There are beautiful people from all walks of life to meet on our journeys.

Elaine West

Walking With Our Sisters

A memorial art piece honouring murdered and missing Aboriginal women

Carleton University Art Gallery

1125 Colonel By Dr
(613) 520-2120

**September 25th to
October 16th, 2015**

Walking With Our Sisters is a commemorative art installation to honour the lives of missing and murdered Indigenous Women of Canada and the United States; to acknowledge the grief and torment families of these women continue to suffer; and to raise awareness of this issue and create opportunity for broad community-based dialogue on the issue.

The art installation includes 1, 725 pairs of beaded moccasin tops, or “vamps”, and 65 songs—traditional, honour, grieving and ceremonial songs—are heard as people experience the exhibit. In response to the



Child Vamp for the Truth and Reconciliation Commission exhibit by Esther Laliberty, York, MB

call for artwork, 65 beading groups were created in communities.

Walking With Our Sisters is an entirely crowd-sourced project. From the artwork, to the fundraising, even to the way the exhibit tour is being booked, it is all being fueled by hundreds and thousands of people who have chosen to become involved. Collectively we are creating one unified voice to honour these women, their families and call for attention to be paid to this issue. There is power in numbers, and there is power in art.

Info at : walkingwithoursisters.ca

ARE YOU THE GREATEST?

Namby: Goodmorning, Pamby.

Pamby: Goodmorning, Namby.

Namby: It's good that we can still be polite to each other although we are neighbours.

Pamby: But don't forget that's all that some neighbours say to each other. Some say it quickly as if to say, "Ok, I see you are there, but don't bother me"; for others, it means "I haven't forgotten what you said last night".

Namby: I never thought that you knew that much about neighbours.

Pamby: I don't, but we invited some friends for dinner over the weekend who are gurus in neighbour talk.

Namby: I didn't know that neighbours attracted gurus.

Pamby: You would be just as surprised as I was if you heard these people talk.

Namby: Why, because I've never met a guru?

Pamby: Maybe, but it was what they said in conversation at the dinner table; it was really an argument and even the delicious dessert which Sophie made didn't sweeten things up.

Namby: So what was so bad about it?

Pamby: Well, first, we started talking about summer vacation and one guy raved about his family's trip to Niagara Falls.

Namby: Ok, nothing wrong with that!

Pamby: Except that he said that when he told his neighbour about it, the neighbour said that there wasn't anything so great about Niagara Falls anymore since everybody has been there. He then boasted that his trip to the Grand Canyon was a greater holiday than a trip to look at a boring bit of falling water.

Namby: Ok, each had a different opinion.

Pamby: Yes, but that wasn't all. Each thought that his holiday was better. Then, another guy at the table started to take sides; he had made both trips and thought that the GRAND CANYON was way ahead of the Falls.

Namby: Wow! that was a nice little fire for you, the charming host, to put out.

Pamby: I didn't. I just made it worse by saying that each of us should respect the opinion of the other. Arguments about who or what is the best or the greatest led nowhere.

Namby: That's true and makes a lot of sense.

Pamby: It didn't, neither to the Niagara Falls nor the Grand Canyon Tripper. Both told me politely that I was a wimp sitting on the fence. People who had character weren't afraid to make choices.

Namby: They were right. That's how the world works. There is good, better and best and great, greater and greatest for a reason.

Pamby: Really? I thought that it was that kind of thinking which caused pride, jealousy, resentment, war and all kinds of problems for individuals and countries.

Namby: So, it's wrong to wish to be the best and the greatest? What do you say to individuals and countries which have that kind of drive? So, you would ban competition in sport, business, science and everything else?

Pamby: No, competition can be useful; it can be a stimulus to improvement and urge us to bring out the best in ourselves, whether as individuals, groups or countries.

Namby: Ok, so what's the kind of thinking which causes the problems which you mentioned?

Pamby: When the competition becomes a war and we are striving more to beat the other person than to improve ourselves to be the best

we can; when we get off track and try to be the greatest by any means and at any cost .

Namby: But isn't that how the world is? Don't we prefer and admire winners more than losers?

Pamby: Unfortunately, yes. As humans, we have been competing with each other on every continent from the time we began to recognize one another and it hasn't been for self-improvement.

Namby: Unless by self-improvement we mean increasing our ownership of land, property, resources and building better equipped armies to make ourselves stronger than the people around us.

Pamby: Yes, we can take our pick from any one of the Empires-- Egyptian, Assyrian, Persian, Alexander the Great's Roman, Holy Roman and British.

Namby: Don't forget the Ottomans, Mings, Mongolians and Mughals.

Pamby: Yes, at some point their rulers or politicians made their people believe that they were the greatest, either because they had defeated others or had something special which others didn't have and would be better if, as rulers, they passed it on to them.

Namby: I should tell you that I have been hearing a lot about this "greatest talk" too; don't think that

it happens only around dinner tables. It's in the newspapers, social media, magazines, books about who, which or what is the greatest in boxing, hockey, baseball, cricket, athletics, basketball, soccer, business, technology, poker, wrestling, bungee jumping, the movies or the church.

Pamby: The church too?

Namby: You got that right. You'd better belong to the best or the greatest church; otherwise, you're out in the cold.

Pamby: But didn't that fellow Jesus have something to say about "The GREATEST" too?

Namby: Yes, I took a look and you know what?

Pamby: What?

Namby: He had a new way of thinking. He said that the greatest commandment was "Love".

Pamby: I remember that well. I also remember that he said that if you wanted to be the greatest person, you should serve others.

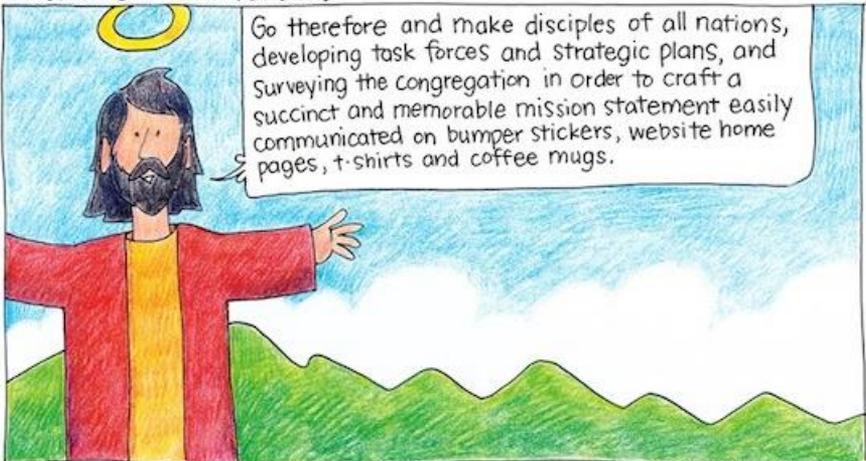
Namby: That sort of turns things upside down.

Pamby: That's why he didn't last long.

Namby: You didn't get that right. People like you and me are still talking about him.

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THE GREAT COMMISSION REVISITED



Cartoon by Rev. J. Sidebotham



RECIPE

Baby Aubergine Stew with Coriander and Mint

A favourite recipe of Elaine Sullivan Butcher because it is very tasty, easy to make, has interesting ingredients, is good for you, and wonderful to eat: the perfect dish!

Ingredients

- 2 tbsp olive oil
- 1 red onion, sliced
- 2 garlic cloves, mashed
- 1 tsp coriander
- 1 tsp cumin
- 8 baby aubergines, left whole with stalk intact (for presentation purposes)
- 1 – 540ml can chopped tomatoes
- 2 tsp sugar
- bunch mint leaves, roughly chopped
- bunch coriander, roughly chopped
- couscous and yogurt to serve



Method

1. Heat oil in a heavy-based saucepan, add the onions and garlic and cook until they begin to colour. Add the coriander and cumin spices. When the spices are toasted, toss in the whole aubergines, coating them in the onion and spices.
2. Tip in tomatoes and sugar, cover and gently cook for 40 minutes until aubergines are tender. Add a bit of water if necessary.
3. Season sauce and toss in half the mint and coriander. Cover and simmer for 2 minutes. Sprinkle over remaining herbs and serve with couscous and yogurt.

Serves 2.

Parkdale Book Club

Fall 2015



September 27

They Left us Everything

By Plum Johnson. 2014.

In the wake of slowly packing up the large family home after her mother dies, American author Plum Johnson gives us a touching family memoir, both heartfelt and humorous.

October 18

Intolerable

By Kamal Al Solylee. 2012. Canadian.

Partly a memoir of 6 decades of his Arabic family caught up in the turmoil of Middle East politics, partly his escape from that world.

November 2

Last Train from Liguria

By Christine Dwyer Hickey. 2009. Irish.

A big, bold literary novel that ranges between 30's London, Irish Celtic Tiger Dublin and Mussolini's Italy.

All Welcome!

Meet in the Ladies Parlor after church on book club days.

Bring a lunch.

Autism Information Session coming in October!

In October, a team of Parkdale parishioners, pictured below, will be hosting a Sunday afternoon information session about Autism Spectrum Disorder. It will be your opportunity to learn more about this Disorder, access up-to-date resources, and ask questions in a relaxed community setting. Watch for further information on the bulletin board and spread the word to your families and friends.



Pictured L to R: Hugh Nelson, Executive Director Y-Owl Maclure Cooperative Centre; Rev. Debbie Roi; Chris King, facilitator and ASD Advocate; Mary Catharine Harpur, ASD Specialist.

We enjoy meeting you and being together in ministry. Parkdale's congregation responds to God's call and Jesus' teachings by:



uniting in joyful worship as an act of praise and gratitude, for inspiration and guidance

Providing learning opportunities for the Christian way of life and to enhance Biblical literacy



Supporting each other through pastoral care and concern

Reaching out to people in need **PROMOTING JUSTICE**

Praying for guidance, wisdom, and support.



Visitors and newcomers to Parkdale:

Please be on the look-out for our hospitality team who wear pale yellow nametags and would be happy to meet you and answer your questions. Ask for the 'Welcome to Parkdale' edition of the Messenger, which has a striking goldenrod cover.