

the Messenger

PARKDALE UNITED CHURCH NEWSLETTER



Rev. Debbie Roi, centre, with some members of the Pastoral Care Team at her goodbye reception on September 25th.

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We are always looking for new ideas, volunteers and submissions. We reserve the right to edit, condense or reject submissions, but will try to find space for all.

Next issue: **November 2016**
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IMPORTANT: When submitting photos to the Messenger, please ensure you have asked permission of the individuals if their faces are clearly recognizable. They should know that an electronic PDF version of the Messenger is posted to the Parkdale website.

See: <http://www.united-church.ca/getinvolved/connections/photos/permissions>



FROM THE MINISTER'S DESK



THANKSGIVING

We are all familiar with the expression: “You can’t have your cake and eat it too.” Actually it is more like a proverb. Some “proverbial purists” suggest that the phrase makes more sense if it is turned around, namely: “You can’t eat your cake and have it too.” Be that as it may, its meaning has to do with wanting incompatible things.

I wonder sometimes if at some level this conflict is raging deep within us when it comes not only to faithfully celebrating the festival of thanksgiving, but also to growing an attitude of gratitude. Let me explain. The ethos of our North American society prizes as a virtue the individual’s independence. Carried to its logical conclusion, this independence can include independence from God. This is just part of the “air” we breathe. However, as followers of Jesus and stewards in the service of God, are we not called to acknowledge and celebrate our dependence upon God, as well as our collaboration with God? Can we indeed “have our cake and eat it too?”

In his book *Free of Charge*, Miroslav Volf quotes from Karl Marx’s “*Economic and Philosophical Manuscripts*” to illustrate how Marx gave voice to his rebellion against God.

“A being only counts itself as independent when it stands on its own feet and it stands on its own feet as long as it owes its existence to itself. A man who lives by grace of another considers himself a dependent being. But I live completely by grace of another when I owe him not only the maintenance of my life but when he has also created my life, when he is the source of my life. And my life necessarily has such a ground outside itself if it is not my own creation.

Holding so firmly to his foundational value of human independence, Marx denied the existence of God since the reality of God as Creator was incompatible with this value.

Our celebration of life and our gratitude for life come precisely from the acknowledgement that God is the Creator of life, and that we are called to share, in just and holy ways, this abundant life. Since we are not the originators of our own lives we are dependent on the One who has given us life. Further, our gratitude for this life and our love of others summon us to strive not so much for independence, but rather for inter-dependence. Interdependence in God’s holy dance acknowledges the web of giftedness that we

receive from creation and from others, as well as that which we offer the same. The most appropriate response is gratitude and thanksgiving, offered to God for all the sources of our giftedness (eg. people, experiences, creation, etc.)

This month at Parkdale there are a number of ways to celebrate the web of giftedness in which we are privileged to participate.

- Take time to behold and relish the change of seasons as the foliage yields its greens to the reds, browns, yellows and oranges.
- Come discover, develop and learn how to deploy your Spirit-given gifts by attending the workshop on Saturday, October 2 here at Parkdale.
- Come out in full force to participate in our special Celebrating Parkdale's Culture supper-music-program event on October 15 in Memorial Hall.
- Take part in walking and/or raising money for our "Walk for Food" event with three other local organizations helping to alleviate poverty on Sunday October 16 after worship.
- Join regularly with others in the praise and worship of God here at Parkdale, especially in our World Communion service on October 2 and our Thanksgiving service on October 9.
- Spend time in the joyous fellowship of others over your favourite beverage, sharing stories, life,

laughter, experiences, hurts and faith.

- Take in a play, go for a hike, volunteer, sing at the top of your lungs, dance as if no one is watching...

In our personal lives let us spend time in prayer, silence and service to the ultimate source of our giftedness – God. This time of intentional "lingering" with God will bless our lives, our community and the world, as it extends to acts of generosity, justice-seeking, love and peace-making.

If the "cake" is life in all its abundance, challenges and fullness, and if the generous, sustaining "Baker" is God, then all humanity is truly intended to "have our cake, and eat it too". For as long as there is God, there is more life (read cake) to be had.

Happy Thanksgiving and Blessed Thanks-living

Anthony



A Thanksgiving Contemplation

By Joyce Rupp

May an abundance of gratitude burst forth
as you reflect upon what you have received.

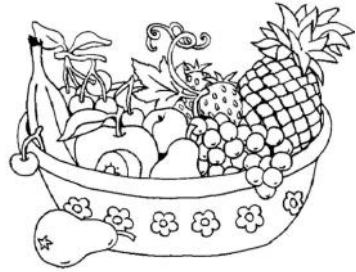
May thanksgiving overflow in your heart,
and often be proclaimed in your prayer.

May you gather around the table of your heart
the ardent faithfulness, kindness, and good-
ness
of each person who is true to you.

May your basket of blessings surprise you
with its rich diversity of gifts
and its opportunities for growth.

May you always be open, willing
and ready to share your blessings with others.

May you never forget the Generous One
who loves you lavishly and unconditionally.



(submitted by Anthony Bailey)



Thank You Garden Volunteers!

Special thanks to each one of you who has kept our Memorial Garden and Grounds looking so fresh and lovely over the summer. Thanks to David Baird and John Butcher for the mulch which certainly helped to keep the weeds to a minimum and with your help there were few weeds. There were more flowers planted than ever before and we all enjoyed their cheery presence. Let's keep everything beautiful until after Thanksgiving.

Goodbye Debbie!



During the September 25th worship service, our congregation said goodbye to Rev. Debbie Roi, thanking her for the spiritual care and love she has given us, and commissioning her in her new ministry at Carp and Dunrobin churches. There followed a reception and sandwich lunch in Memorial Hall hosted by the Pastoral Care Team. Debbie's farewell gift from the congregation was a framed colour photograph of the dam and falls in the community of Almonte, where she and her husband John live.

Photo above, from left to right: Dr. Anthony Bailey; Debbie; Melodee Lovering, Minister of Youth & Children; Judy Hamley, Chair of the Ministry & Personnel Committee; and Mary McLeod, Chair of the Pastoral Care Team.

Photo on the right: Debbie with Mary McLeod, chair of the Pastoral Care Team at their goodbye gathering for Debbie on Monday Sept 26th.



In conversation with — Rev. Dr. Anthony D. Bailey, Parkdale United Church

By Matt Harrison, Ottawa
Magazine

On the third Sunday of every January, Parkdale United Church is literally bursting with upwards of 600 people there to hear Bailey speak about Martin Luther King Jr. during a special service. Those numbers are not just representative of that particular Sunday either. Parkdale is one of Ottawa's busiest, most active churches, and because of that, it's also one of the best-known congregations in the city. While regular Sundays don't bring out 600 people, attendance averages around 250 people — one-third of those being youth, a number that is practically unheard of in most mainstream Christian churches. That makes Parkdale somewhat of a mystery. Certainly the secret to its success lies with its 58-year-old likeable, hard-working, caring, and charismatic reverend, but as Bailey points out, Parkdale's brick-and-stone walls have come to symbolize something to its congregation as well as the greater community.

What do you think Parkdale is doing that attracts regular attendees?

Remembering what our main focus is: the importance of helping people grow in their faith, which is lively, active, and an organic expression of

something that is incorporated into their lives ... and our commitment to outreach — it's a question of how do we make a difference in our community and in the world.

What's the relationship between the church and its surrounding community?

Our vision statement is to form followers of Jesus in such a way as to transform our community and our world. So, for instance, our signature outreach program is In From the Cold. It's a supper hospitality ministry that takes place from November to March. ... Guests who come have often said that this is the only time they experience dignity in their entire week. It requires 80 volunteers — the majority from the congregation, but it also brings out people from the community: those from nearby mosques, the Jewish synagogue, the colleges and universities, and from other churches.

What are some of the struggles with getting people to come on a Sunday?

Young families are a lot busier now. There are a lot of things competing for their attention: fundraising runs, sports, birthday parties. We say to people, [Sunday] is our main, traditional time of worship — you need to decide if this is a priority for you.

Where do you see your congregation 10 years from now? Are you realistically optimistic about the future?

The good news of Jesus Christ is always relevant. We have to find a way to embody that in ways that engage the present reality. We've asked ourselves, "What would hap-

pen if we redeveloped this site? ... If we razed it and rebuilt it, how could the new building better address the needs of the community?"

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ottawamagazine.com

In From the Cold (IFTC) 2016-2017 season



We are gearing up for our **fifteenth** season of IFTC which will begin **November 12th, 2016**, and conclude **March 25th, 2017**. For those of you who have volunteered before, we welcome you back. If you are new to volunteering with IFTC, we would love to hear from you and welcome you to be part of the team.

New volunteers are asked to fill out a yellow “**Sign Up Sheet For NEW Volunteers**” located at each of the four Sanctuary doors or on the website, and return it to the office or leave it in the collection plate. **High School Students** may count hours towards their volunteer requirement.

This Ministry is important to our church and community and all volunteers are welcome. CiCi Waugh or Mark Nixon are getting in touch with all volunteers to check on your availability and preferences in setting up the schedule.

If you have any questions, please send CiCi and Mark an email at: iftc@parkdaleunitedchurch.ca



the Revised Common

LECTIONARY

OCTOBER

Proper 22 - October 2

- Lamentations 1:1-6 or Lamentations 3:19-26 or Psalm 137
- Habakkuk 1: 1-4, 2:1-4 and Psalm 37:1-9
- 2 Timothy 1:1-14
- Luke 17:5-10

Proper 23 - October 9

- Jeremiah 29:1, 4-7 and Psalm 66:1-12
- 2 Kings 5:1-3, 7-15c and Psalm 111
- 2 Timothy 2:8-15
- Luke 17:11-19

Canadian Thanksgiving - October 10

- Deuteronomy 26:1-11 and Psalm 100
- Philippians 4:4-9; John 6:25-35

Proper 24 - October 16

- Jeremiah 31:27-34 and Psalm 119:97-104
- Genesis 32:22-31 and Psalm 121
- 2 Timothy 3:14-4:5
- Luke 18:1-8

Proper 25 - October 23

- Joel 2:23-32 and Psalm 65
- Sirach 35:12-17 *or* Jeremiah 14:7-10, 19-22 and Psalm 84:1-7
- 2 Timothy 4:6-8, 16-18
- Luke 18:9-14

Proper 26 - October 30

- Habakkuk 1:1-4; 2:1-4 and Psalm 119:137-144
- Isaiah 1:10-18 and Psalm 32:1-7
- 2 Thessalonians 1:1-4, 11-12
- Luke 19:1-10

Introductory course on Christian Meditation



By the Ottawa Area Christian Meditation
Coordinating Committee

WHERE: St Patrick's Basilica, 281 Nepean St, Ottawa
(downstairs in the Scavi, the Knights of Columbus Room)

WHEN: Wednesdays, October 5, 12 and 19, from 7 to 9 pm

SCHEDULE OF TOPICS

October 5: How to Meditate and John Main

October 12: The Christian Tradition of Meditation and The Wheel of
Prayer

October 19: Leaving Self Behind and The Fruits of Meditation

All are welcome. There is no charge and free parking is available in the church lot and across the street in St Patrick's School yard. OC Transpo service is nearby. There are no beverages served so if you wish, bring your own bottle of water.

Information: cmadventretreat@gmail.com or Barbara at 613-233-6047

“There is for the Christian, John Main says, only one prayer. That is the prayer of Christ – the mind of Christ which is within us, what St Paul means when he says: ‘We do not know how to pray but the Spirit prays within us deeper than words (Rom 8:26).’ It's not either/or. We can pray in different ways at different times, and we can therefore enjoy a really charismatic freedom in prayer, in the form of prayer that we feel appropriate on particular occasions. But at the same time there is this deep movement of progress or of a pilgrimage, of an inner journey going in a certain direction, taking us into the prayer of Christ. This is reflected in the fundamental Christian theology of prayer, which is that all prayer is moving towards contemplation. Contemplation is the goal of life. So the ultimate way of prayer is to enter wordlessly into that prayer of Jesus, of the Lord himself.”

The Monastic Tradition of Meditation, Laurence Freeman OSB

News from the Pews

Baptisms



During the August 21 worship service, three children were baptised: Devraj, Aria and Luke.

On the left: Dominique Morris and Jody Powell and their daughter Aria.



Mary and Devraj McDonald and their son Devraj.



REMEMBERING

Please keep the families of these loved ones in your prayers:

Coral Flegg who died on August 31st, Orpha Fenton who died on September 13th and Desmond Hassell who died on September 14th.



Rob Maclachlan and Mary Ellen Wood with their son Luke and daughter Olivia (who was baptised previously).



Farewell Desmond Hassell



Desmond Hassell was organist and choir director at Parkdale from 1990 to 2006. He died after a short illness on Wednesday, September 14 at the age of 91.

creativity and appreciation for the instrument at Parkdale, he led a program that was rich, varied and well prepared.

Friends who came to provide guest musicianship included Polish Brass, the National Capital Concert band (Stan's Band), the Parkdale Orchestra, the Glebe Collegiate orchestra, the Glebe

Desmond's time at Parkdale was filled with glorious music. His Irish roots had given him a solid grounding and joy in sacred music. Coupled with his wonderful talent, his broad knowledge of sacred music young and old, and his



Collegiate string ensemble, Deirdre Piper, Garth Hampson, Ernie Cox and Fraser Rubens. He attracted loyal and talented singers for the choir, and those 16 years for us were filled with learning, creativity, high standards, friendship, fun and laughter.



There are Desmond touches still in evidence at Parkdale. He maintained a very well kept library of sheet music that is still used today. Desmond and the choir made two CDs, still great listening. He was also a keen photographer, and spent hours taking photographs of the elderly parishioners who could not come to the church for picture directory sittings. Some of his arrangements of hymns are still used.

Desmond collaborated ecumenically with other churches and religions, forming music for joint services at St. Francois Catholic, St. Matthias Anglican, Fourth Ave Baptist, St. Stephen's Presbyterian and St. Giles

Presbyterian. Fittingly, at his memorial service on Saturday, September 17th, the Christ Church Cathedral organist, Matthew Larkin, and the Christ Church men and boys choir provided beautiful music for the Anglican service led by Rev. Jim Beale, in a Presbyterian church, St. Giles. The finale was Handel's Hallelujah chorus, with choir and congregation.

I feel very privileged to have been a choir member with Desmond, and will never forget the beautiful music that surrounded him until the very end.

Debbie McGregor



Musical Musings

By Jono Hamer-Wilson

“Now the spirit of the Lord departed from Saul, and an evil spirit from the Lord tormented him” (1 Samuel 16:14). The notion of an “evil spirit” coming from God - which incidentally can’t be dismissed as an ancient Hebrew typo, since the idea is reiterated three times in the following verses - is nothing if not perplexing! The point of the story, however, is that *music* (specifically when played skillfully on the lyre) can chase evil spirits away. This observation takes place in the context of the young shepherd-soldier (and future king) David coming to the court of the not-for-much-longer King Saul. David’s proximity and loyalty to Saul - not to mention the latter’s indebtedness to David for mental and spiritual health - lends irony and tension to their rivalry; quite apart from the inevitability of its outcome. (David has been tapped by the Lord for royalty just a few verses earlier in the same chapter.) David is apparently a lyre legend, before whose sweet melodies no evil spirit can stand!

My point in mentioning this verse, however, is more along the lines of: I don’t know who to blame for all the crazy ideas that come my way. To give a random example: the idea of contributing a regular column to *The Messenger*. See, it popped into

my head the other day that it would be great to regularly reflect on the role of music in our community life, our spiritual lives, and in the world around us; to highlight musical events, achievements, opportunities, etc. among our church family; and wax philosophical on music and related subjects. Maybe some record and/or concert reviews; with space for guest contributions from others in the congregation (not to mention my partner in musical crime, Carol). Like David’s lyre, it might be a source of sweetness and concord, creating harmony, keeping us moving to the rhythms of the Spirit. (On the other hand, it could be just a really bad idea. I guess I’ll leave it to you to decide what kind of spirit inspired this hodge-podge).

And then there’s brilliant idea #2: launching my column with a piece about death. “Mortality Musings,” if you like. Death is all over the news, of course: bombings, interracial violence, natural disasters... As I write, a woman Jill and I have known for many years - a piano teacher like me, with young kids - is slipping into her final sleep. I’m sure each of us has been personally touched by death, or at least the threat of it, recently. In particular, I wanted to acknowledge the recent death of Desmond Hassell, Parkdale’s former

organist and choir director. My personal acquaintance with him was barely a passing one: I knew him only through family and neighbourhood connections, not in person. The scant impression I have of him is of a brilliant but rather stubborn person, whose best qualities emerged when he was in charge of a situation, rather than having to work within the constraints of teams and institutions. (Like many a true son of Ireland, I suppose! Anyway... enough said on that.) From what I can tell, he was held in great affection and esteem by his family, and a large circle of students, acquaintances and musical colleagues. He lived a long and fruitful life, and has left a strong musical legacy; not least at Parkdale, where his arrangement of our weekly “Halle Halle Halle” response continues to mark our musical identity.

But here’s a really crazy thing. (I’ve no doubt it was from the Lord.) Desmond Hassell made one musical contribution to *Voices United* (our hymn-book): a simple yet fresh arrangement of “Away in a manger”. And the same September morning as his own funeral was taking place in the Glebe, another was conducted here at Parkdale (where I helped with music). What’s more: of all the hymns that could be sung at a funeral, incredibly one of them was “Away in a manger” (it made sense if you were there!). So that at exactly the time when Desmond’s funeral was begin-

ning a few blocks down Carling Ave., a crowd of people at Parkdale were singing his arrangement of “Away in a manger”. Birth meets death; past disappointments and breakdowns reconciled, in this musical miracle!

Autumn, of course, is the season when mortality is most keenly on our minds. Leaves, stalks, fruits and roots wither, rot and return to the soil from which they - and we, for that matter! - came. Every moment, every day, every season, every life: we carry this precious gift of the now and all its potential, and we let it go with humility as we receive the next glorious gift which heaven’s stream joyously and graciously pours our way. Above, in, and through it all, it’s the glorious love and very presence of God - imparted to us through the incarnation, death and resurrection of Jesus - which bring eternity into our most tragic and mundane moments. (I’m reading a great book about this called *Christ Plays in Ten Thousand Places* - the title is taken from a poem by Gerard Manley Hopkins.) As the hymn writer Henry Francis Lyte observed (and prayed): “Change and decay in all around I see; O Thou who changest not, abide with me.”

I pray that the music of God’s presence may indeed be a comfort and a balm for whatever this autumn season brings you; and gives you strength for the challenges of the everyday.

Birthdays in October

Our warmest greetings to:

| | |
|-----------------------|------|
| Hannie Fitzgerald | 1st |
| Lucienne Giroux Koch | 1st |
| Chris Wicke | 2nd |
| Alice Menzies | 2nd |
| Isaiah Duah | 2nd |
| Cora McQuinn | 5th |
| Carl-Henry Mercy | 8th |
| Ruth Bush | 8th |
| Alexander Shaw | 9th |
| Lydia Ells-McLaughlin | 9th |
| Amy Evans | 10th |
| Delphine Ahmed-Robin | 11th |
| Arianne Epale | 11th |
| Vaughn Hall | 11th |
| Jaiya Burnett | 13th |
| Thomas Fenton | 13th |
| Cathy Lees | 14th |
| Micah Corbin | 14th |
| Joyce Sibanda | 15th |
| Mira Crew | 16th |
| Maddy Crabtree | 17th |
| Mark Bradley | 17th |
| Akexis Bannoff | 19th |
| Julianna Jeglic | 22nd |
| Jessica Ann Clark | 23rd |
| Dahlia Loreti | 24th |
| Dawn Walker | 25th |
| Hannah Johnston | 25th |
| Beverley Phillips | 26th |
| Tyrese Musenga | 27th |
| Isabelle Duncan | 29th |
| Nadine Ernest | 30th |
| | 31st |



If you would like your birthday to be a secret and your name taken off the list, or if your name was not included and you would like it to be added, please let the office know.

Heart Pressed

They bump out the door,
Duffle bags bulging with sleeping bags and swimsuits,
Enough for fourteen fun packed days



The door bangs behind them,
Its vacuum pulling my heart along with them,
Pressed up against the glass,

Aching for their presence
Yearning for their laughter
Echoing around these now empty rooms

And they're off!
Bundled into the car
Bright smiles, cheerful waves and calls of, "I love you!" "xoxoxoxo!"

Last year, she said, she blew me kisses all the way down our street, down the
next one and the one after that, and even along the highway ...

Our love is a bungie cord
It stretches and stretches and
Will not break

My heart squeezes out through the door and sneaks into the car with them,
Travelling that 400km journey, tucked away like the messages I hide in their
bags,
Like my note she keeps safe under her pillow at camp

And I remain, heart pressed against the glass,
Aching for them to deeply know the One who will never leave nor forsake them,
Yearning for them to encounter Him in bigger and truer ways,
Trusting that as they grow, He is always more than enough.

Heart eagerly pressed against the glass,
Excited about the people they will meet, skills they will learn, songs they will
sing, stories they will savour, beauty they will behold ...
And bundle up to bring back home to me

Jill Hamer-Wilson
August 14, 2016



Images & Stories

Images & Stories opened its 6th year on September 30th with Jacqueline Vincent's interesting and informative presentation about her visit to Israel. The next presentation is Friday, October 28th (country to be confirmed) followed by November 25th when Marilyn Hahn presents Vietnam. Join us for these and enjoy fellowship and refreshment afterwards.



Celebrating Parkdale's Culture & International Dinner



PARKDALE
UNITED CHURCH
COME • GROW • SERVE

Saturday, October 15 at 6 pm

For many years, the Mission, Outreach and Justice Committee has organized an annual celebration to recognize the different cultures that Parkdale members bring to our community from around the world.

This year, in honour of Parkdale's 85th anniversary, we will focus on the culture experienced by Parkdalers in the past, the present, and a glimpse of the future from our youth. Join us on **Saturday, October 15th at 6:00 PM** for "Celebrating Parkdale's Culture and International Dinner". Enjoy the fun of an added bonus: an exciting Trivia game about our church, from the time of its inception and forward.

We need to have an idea of how many people to expect at the event, so tickets will be on sale in the Memorial Hallway on Sundays or from the church office.

This is a potluck event, so please stop by and let us know what dish you are able to donate. Tell us what would have been a typical meal at the time of our church's inception. Who is going to cook up this dish? Let's have some fun!!

2.7K “Walk for Food” Community Walk-A-Thon

Sunday, October 16, 2016 is World Food Day. There will be a walk-a-thon from 12:30 – 3:00 to raise money for **In From the Cold and three other organizations** that help feed the poor in our community. The first such walk-a-thon, held last year, raised \$9,000 which was divided equally between the four organizations and we are hoping to surpass that this year. The location of each of the four organizations forms the stops along the way.

The walk starts at the **Dalhousie Food Cupboard** at the Bronson Centre, 211 Bronson Ave, then moves on to **St. Luke’s Anglican church (St. Luke’s Table)** at 760 Somerset Street; then on to the **Parkdale Food Centre** at 30 Rosemount; and ends at **Parkdale United Church (In From The Cold - Gladstone entrance)** with messages from community leaders. Please bring your own water and snacks for along the way. Do plan to walk and/or pledge with us to raise money to help the needy in our community.

Living into Right Relations

Shawenjeagamik (Centre 510) is growing in good ways

The Shaenjeagamik Indigenous Drop-In (Centre 510) blossomed over the summer with flower and vegetable gardens and the energy of a new cook and student volunteers. The 510 Rideau St. location was renovated in September so that its kitchen can be used to train food workers and start a catering business later this year, thanks to a social enterprise grant. During the renovations, breakfast and lunch continued to be served to homeless clients out of St-Paul’s Eastern United Church on Cumberland St. **Continued donations are needed to cover groceries until at least December**, when it is hoped that the catering business will start to earn income. You can donate through the Odawa Native Friendship Centre website at <http://www.odawa.on.ca/>. (Be sure to indicate that your donation is for Centre 510.) **Volunteers are needed for serving meals and make an important difference.** If you’re interested in volunteering, contact the volunteer coordinator, Manuela Popovici of the Right Relations Network at amanuelap@gmail.com or speak to Elise Mennie at dunmenni@hotmail.com.

Living into Right Relations....continued



**October
14-15
7th Annual
Covenant
Chain Link**

Hope for the future: Education for Reconciliation

Keynote speaker, Katsi'tsakwas Ellen Gabriel, will address the need for action-oriented education initiatives in the reconciliation journey. Choose two of five workshops on Saturday focussing on ways to bring reconciliation activities to your communities. Presenters are Sylvia Smith and Karen Wilson (Project of Heart), Jane Hubbard (Legacy of Hope), Peter Di Gangi (Algonquin Nation Secretariat), Andrea Easton and Marsha Depotier (Métis Nation of Ontario) and the Ottawa Inuit Children's Centre.

Schedule

**Friday, October 14th – 6:30 pm,
Marion Hall, 140 Louis Pasteur,
University of Ottawa:** Film
Kanehsatake: 270 years of resistance
and discussion with filmmaker Alanis
Obomsawin and Katsi'tsakwas Ellen
Gabriel

**Saturday, October 15th – 9:30 am to
4:00 pm, Wabano Centre for Abo-
riginal Health, 299 Montreal Rd:**
Keynote and workshops. Lunch in-
cluded.

Fees:

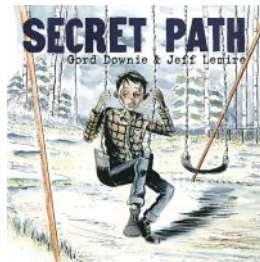
Regular: \$60
Early bird (until Oct 5): \$50
Students and Non-wage earners: \$30
Early bird (until Oct 5): \$25
Information and registration:
www.kairoscanada.org (under
News)

October 23

***The Secret Path* on CBC at 9 pm**

The Secret Path is an animated film adaptation of Gord Downie's new album and Jeff Lemire's graphic novel telling the story of Chanie Wenjack. Chanie was a 12-year-old boy who died fifty years ago on October 22, 1966, while running away from the Cecilia Jeffrey Indian Residential School near Kenora, Ontario; he was walking home to the family he had been taken away from over 400 miles away.

The Secret Path will be broadcast by CBC in an hour-long commercial-free television special on October 23 at 9 pm. See: www.secretpath.ca





RECIPE

Pretty Plum Cake

Submitted by Christy Vodden

I found this recipe in the “Homemakers” magazine in 1995 and have made it every August since then for the joint birthday celebration of my mother-in-law and a dear friend. My daughter-in-law made it last week for her mother’s birthday and reports that it will become her birthday cake of choice as well.

Ingredients

8 - 12 prune plums, halved and pitted (I’ve used every colour of plum)

Topping

1/2 cup packed brown sugar
2 tbsp all purpose flour
1 tsp cinnamon
1/4 cup cold butter

Cake

3/4 cup granulated sugar
1/2 cup butter, room temperature
2 eggs
1 tsp vanilla
1 1/2 cups all purpose flour
1 tsp baking powder
1/4 tsp salt
1/2 cup milk

Glaze

3/4 cup icing sugar
1 tbsp milk
1/2 tsp pure almond extract

Serves 10.

1. To find out how many plums you need, halve and pit plums, then arrange cut sides down and close together to cover base of a 9-inch springform cake pan. Then set plums aside and lightly butter pan.

2. Topping: In a small bowl, stir together sugar, flour, cinnamon. Cut in butter until crumbly. Set aside.

3. Cake: Preheat oven to 350 degrees. In large bowl, beat sugar and butter with mixer until fluffy. Mix eggs in well, one at a time. Add vanilla. In separate bowl, mix flour, baking powder, salt. Add dry ingredients to butter mixture alternating with milk. Pour batter into prepared pan. Arrange plums, cut sides up on top of batter, pressing them gently in; sprinkle with topping. Bake for about 1 hour, testing for doneness. Cool in pan on rack for 10 min.

4. Glaze: Stir together icing sugar, milk and almond extract until smooth. Drizzle glaze over warm cake. Run a knife around edge of pan: release side of pan.

Sweet Music

During this 85th anniversary year, it's appropriate to reflect on some of the less-familiar aspects of Parkdale's history. For example, we have the longest-established community symphony orchestra in Ottawa.

The Parkdale United Church Orchestra, which uses our sanctuary for practices and concerts, has been making sweet music since 1945. It was established almost by accident, when Cliff Templer, the church's organist, assembled three violinists and a pianist to play at worship services for a month. Some months later, along with choir director Stuart Morris (father of current Parkdale member Bill Morris,) they recruited a clarinetist, oboist, cellist, and bassist for a concert. From there, the group grew into today's orchestra.

The orchestra consists mostly of amateurs with a broad range of musical skills, talents and experience, united by a desire to perform classical and contemporary music. Most are not members of Parkdale United Church, although some continue to be members of our congregation.

Peter Meerburg



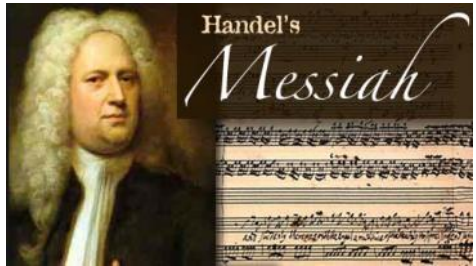
**MESSIAH,
George Frederick Handel**

**Saturday, December 17,
2016, 7:30 pm (2.5 hrs), St.
Andrew's Church, (Kent
Street), Thirteen Strings and**

Seventeen Voyces, soloists and other musicians (original version as premiered in Dublin); tickets: adult, \$50; senior, \$45; student, \$10; a discount of \$5 is available if we have a group of 10 or more people.

If you wish to attend with friends from Parkdale, please contact Theo, by email, theodora.newton@bell.net, or by phone, 613-569-3540, **by Friday, November 4.**

As this concert is one of only two complete performances of Messiah in Ottawa /Gatineau this Advent, tickets will be at a premium. So don't miss this opportunity; add-ons to our group booking after Nov 4th may be possible, but cannot be guaranteed.



AM AHL AND THE NIGHT VISITORS, Gian Carlo Menotti

This American children's opera with an Epiphany theme will be presented by Pellegrini Opera at Dominion-Chalmers United Church (O'Connor Street), on dates to be announced.

Theo will be organizing a group to attend and will provide information on dates and tickets as soon as she is back in Ottawa on October 9; meanwhile, please email her at theodora.newton@bell.net if you are interested.



Norm Tape

In 1936, Robert and Bessie Tape moved their young family, consisting of Norm and his sister, to Ottawa. In Toronto they had attended a Presbyterian congregation but the purchase of a home on Hinton Avenue made Parkdale an easy choice.

Norm attended Cubs, Scouts and eventually The Young People's Union (YPU) at Parkdale and took piano lessons from Cliff Templar, the church organist and choir director. He has fond memories of them all. What he did not like was the fact that the classes for the older Sunday School students were held on Sunday afternoons. Spending time in church on Sunday morning was enough for him. Why spoil a free afternoon.

For many years the church celebrated the two highlights of the Church Year with an eight a.m. service on Christmas Day (presents remained unopened until afterwards) and an Easter Sunrise Service at the Arboretum at the Experimental Farm.

Norm's parents, Robert and Bes-

sie Tape, were very active members of Parkdale. Bessie was awarded The Order of Parkdale, an honour given for exceptional service, while Robert was a member of the choir, served as a trustee and for many years was a Presiding Elder. He operated a machine shop which was located on Foster Street and moved to Rosemount and then to Somerset.

There are many items still used in the church today that were crafted in these shops.

In 1973, after giving a talk in the large meeting room in the church basement, Robert collapsed. He was attended by a fellow church member, Dr. Jim Leach and taken to the Civic Hospital where he died following surgery. The Tape Hall is named after Robert.

Norm remembers ten Senior Ministers at Parkdale. He has attended regularly since 1936 except for the few years he spent at Rutgers University in New Jersey and working there afterwards. He returned to Ottawa in 1963 to work at Agriculture Canada and continued the deep involvement in Parkdale's life that his parents had demonstrated. Norm served

as chair of the Official Board and for many years as the chair of the Ministry and Personnel Committee. Several years ago he undertook to reorganize the church's archives, a task for which he was well suited.



Norm and Judy Tape

Norm is perhaps proudest of the way in which the church has served and continues to serve the neighbourhood community. During the ministry of the Rev. Jim Lawson (1968-74), there was some enthusiasm for the idea of demolishing the present church structure and erecting in its place a multi-purpose building with spaces for worship and study, some rent-to-income housing and other community support initiatives. A committee was formed which included Jean Pigott, Charlie Hurst and Norm, among others. An architect was hired. Although the vision was never realized, two social initiatives emerged from the discussions which continue to this day.

The first was the Ottawa West Community Services Centre, which originally hired a minister to oversee its organization. He had an office at Parkdale. Eventually other area churches shared in the leadership and the pro-

grams and services featured there became a model for other centres such as The Old Forge.

The second initiative was the founding of the Queensway Preschool, which operated with board support from other churches and had the excellent leadership and support of Yoki and Nick Hartgerink of Parkdale. For a few years now, it has been an adjunct of the City of Ottawa's Community Health network and continues in the same space.

For nine years, Norm and Judy Tape have been involved with In From The Cold, where they oversaw a craft table for the guests who worked with clay to make objects of their choice. They retired this year for health reasons.

Summers are spent at their cottage where they worship at the pastoral charge of Portland/ Elgin but after Thanksgiving, expect to see them again occupying a pew near the front at Parkdale, Norm's church home for exactly 80 years.

By Barbara Faught



Yuletide Bazaar



**Saturday, November 5, 2016
10 am to 12:30 pm**

Shop for Unique gifts:

Baking, Preserves & Soups
Jewellery

Attic Treasures, Books, Plants
Antiques & Collectibles, Old
Linens

Kitchen & Bath Boutique
Specialty Crafts & Handmade Items

Fashion Boutique *NEW**

Original Art Paintings *NEW**

Silent Auction

Yuletide Café



Greetings from the planning committee and table convenors for this year's Bazaar. It may seem early but it's time to start **donating and preparing** for the Bazaar. It is a major fund raiser for the church. Last year the Bazaar raised \$14,140 for the church. So please mark your

calendars for **Saturday November 5, 2016**. Doors will open at 10:00 am. Set-up for the Bazaar is Thursday November 3rd and Friday November 4th. It is a great time of fellowship and fun and an opportunity to renew friendships and meet new members of the congregation.

We need your donations!

Donations can be made at any time.

We are looking for:

jewellery, antiques or older items of interest, china, collectibles, knitting, attic treasures, books, plants, linens, ladies' fine accessories and top-end/designer women's fashions for our NEW Fashion Boutique, Christmas items and children's toys. All donations can be left at the church office during regular business hours or on Sunday before or after church. Please remember we do not take clothing at the Bazaar (except for only high-end/designer women's fashions as a trial this year)

We are also looking for:

Baking for the Bake Table (pies are a popular, much sought-after item) and **Finger treats for the Yuletide Cafe** (banana or lemon loaves to cut up, squares, cookies, muffins). Please list the ingredients on baking, especially noting if there are nuts included or if gluten free. Baking and perishable food items can be dropped off on **Friday November 4th** anytime during business hours or in the evening from 5:00 to 8:00 pm at the Gladstone entrance, where someone will be available to let you in.

The Bazaar is always such a success because of the generosity of the congregation through donations, volunteers to prepare and work at the Bazaar, and buyers. You are the key to our past and future success!

If you have any questions or haven't signed up yet to volunteer, please contact me or our volunteer coordinator Deb Paterson.

Thank you,

Judy Hamley - Convenor
613-729-1341
judy.hamley@gmail.com

Deb Paterson - Volunteer & Set-up Coordinator
debhollyandian@hotmail.com



Parkdale Adventurers – Walking for Fun, Fitness and Fellowship

Hogs Back, Beryl Gaffney Park, Rideau, McNamara, Foley Mountain and Mackenzie King Estate Waterfall are just a few of the trails that Parkdale Adventurers explored this summer.

We heard the call of the wild

Many days we walked early, during that cool quiet time of the day when peach and purple streak the sky as the sun makes her presence known and mists rise from the river giving the world a veil of mystery and adventurers the urge to explore . . .

We saw many beautiful landscapes hidden from the urban eye, where flora and fauna camouflaged by the trees live and die. We have seen and heard deer, herons, frogs, groundhogs, woodpeckers, swans (both black and white) and a few turkeys along the way.



We experienced the tranquility of the woods and the water as we sat and shared a snack, a chat or just sat back and meditated on the ambient sounds of nature telling of the awesomeness of being out of doors.



We savored the unusual – a tree whose branches and roots formed a spider-like web above the ground, a mushroom the size of a basketball, a groundhog too plump and too busy eating to notice we were inches away from him, a conference of cormorants waiting for breakfast to swim by.



We are an ever changing group of Parkdale members, adherents and friends who enjoy the outdoors; 2-3 times per month we walk together and explore trails in different parts of Ottawa and the surrounding area. Our walks are leisurely with plenty of time to ‘smell the roses’ and absorb the ambience and they can be morning, afternoon or evening depending on the destination. We are usually out for about 2 to 2.5 hrs (unless we get lost)!

If you like to walk and are looking for company we would love you to join us! Email David or Jennifer at odumodus@sympatico.ca and ask to be put on the mailing list.

WHAT GOES IN AND WHAT COMES OUT (PART 2)

Namby: Good morning, Pamby.

Pamby: And a good morning to you too, Namby.

Namby: So, I've been waiting to hear your story about keeping the mouth shut.

Pamby: Really? You've had enough of the "f" word?

Namby: Yes, but not from the incident you described. The angry guy just bellowed it and rode past; I'm talking about another guy who kept repeating it as part of our head to head conversation two weeks afterwards. And he wasn't even angry.

Pamby: I know what you mean; some people just make it a part of their speaking style.

Namby: Yes, it's puzzling, especially when it comes from people who aren't really lacking a vocabulary. Do you think that they do it to be "cool", different or just to show that they don't care themselves and even less what others think about it.

Pamby: Maybe all of that. It makes the conversation less interesting. It seems to me that the whole point about swearing or cussing is to emphasize something. If you are swearing or cussing all the time, you aren't making the point after a while. I just

give up listening to such individuals after the first minute. I shut it off and tune out.

Namby: A friend recently told me that she and another friend sometimes decide to shut off for a different reason.

Pamby: What's the reason?

Namby: They think that there is too much noise around. Automobiles, cranes, construction, TVs, radios, sound systems, people talking loudly and non-stop. So they have periods of silence when they go walking and at other times as well.

Pamby: Great idea! Are they part of the "Meditation" or "Yoga" crowd? There is a lot to say for silence even if one isn't involved in that kind of activity.

Namby: I thought so at one point during that walk when the guy uttered the "f" word.

Pamby: What time was that?

Namby: Well, we were going along when we came upon a scene which would be the dream of photographers, professional or amateur.

Pamby: What was so special about it?

Namby: A tree stripped of all of its leaves and a dozen crows perched on its branches in silence.

Pamby: Wow! That must have been impressive. Crows aren't known for their silence.

Namby: That's right; of course, we began to speculate. Were they having a silent conference? Planning their next move or just observing what they were seeing and reflecting on it?

Pamby: Perhaps they were catching their breath. Anyhow, just hearing about it makes me think that, perhaps, I should take more time to be silent, to listen to others, pay more attention to what's going on around me and even reflect on it.

Namby: You mean "take in more"?

Pamby: And be careful about what you take in, eh?

Namby: Yes. I have taken to watching toddlers, how they react in new situations or when they meet people whom they don't know, sometimes whom they know as well.

Pamby: So, what do they do?

Namby: Even the chattiest among them are silent for a while; they just look on and listen.

Pamby: They take it in.

Namby: Yes, and that seems to be a wise thing to do.

Pamby: Seems so; they and some of us mightn't know that there is **strong**

support for that kind of activity in "The Good Book" where it says, "What goes in doesn't hurt; what comes out does".

Namby: I'm not so sure about that; Don't even the wisest among us at times take in stuff which might disturb or upset us and affect our actions in a negative way?

Pamby: That's possible, but does that make what we take in bad itself, or is it what we do with what we take in that might have good or bad results when it comes out?

Namby: That's why we were attracted to the crows. We saw them silent. We didn't know what they were thinking .

Pamby: You didn't even know what they were observing nor could you have anticipated what they might have said had they broken their silence.

Namby: But their silence said quite a lot.

Pamby: **And it seems that we learned or could learn a lot from it.**

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Parkdale Book Club



OCT 13th

The Illegal by Lawrence Hill, which just won Canada Reads. “I just finished it and thoroughly enjoyed it – it moved right along and my attention never wandered” - Mary. And also Julianne wrote: “I loved it. It’s a great read- though not as good as his *The Book of Negroes*.”

NOV 20th

Without Reservations: The Travels of an Independent Woman, by Alice Steinbach. To travel alone to a foreign country is to undertake a journey of self-discovery. Alice Steinbach is a companion I would like to travel with. Her writing style offers just enough information to feel as though one is there with her. Alice's interests are not of the tourist type, but of those quiet, introspective spaces in which past lives were lived, whose long ago imprint remains tangible. 6 copies at Ottawa Public Library— Bonnie

If you have any questions, please email either Marlene MacLean (marlenemaclean@gmail.com) or Heather Brophy (h.brophy@sympatico.ca).

All Welcome!

Meet in the Ladies Parlor after church on book club days.
Bring a lunch.

Upcoming book club books

The Children Act by Ian McEwan . For religious reasons, a 17-year-old boy is refusing life-saving medical treatment, and his devout parents agree. In the course of reaching a decision, a judge visits him in the hospital — an encounter that stirs long-buried feelings in her and powerful emotions in the boy. Her judgment has momentous consequences for them both.

My Name is Lucy Barton by Elizabeth Strout. Pulitzer prize winning author Strout shows how a simple hospital visit triggers the powerful story of Lucy and her mother.

The Nine lives of Charlotte Taylor by Sally Armstrong. Using a blend of fact and fiction, Charlotte Taylor’s great-great-granddaughter, Sally Armstrong, reclaims the life of a dauntless and unusual woman.

The Heroes Walk by Anita Rau Badami. Came second on Canada Reads this year. 12 copies in the library, published in 2001.

The Givenness of Things by Marilynne Robinson. A sense of wonder pervades these powerful essays by the author of such beloved novels as *Gilead* and *Lila*.

Another Successful Rummage Sale!



The Fall Rummage Sale on September 25th attracted lots of happy shoppers.



We enjoy meeting you and being together in ministry. Parkdale's congregation responds to God's call and Jesus' teachings by:



uniting in joyful worship as an act of praise and gratitude, for inspiration and guidance

Providing learning opportunities for the Christian way of life and to enhance Biblical literacy



Supporting each other through pastoral care and concern

Reaching out to people in need

PROMOTING JUSTICE

Praying for guidance, wisdom, and support.

