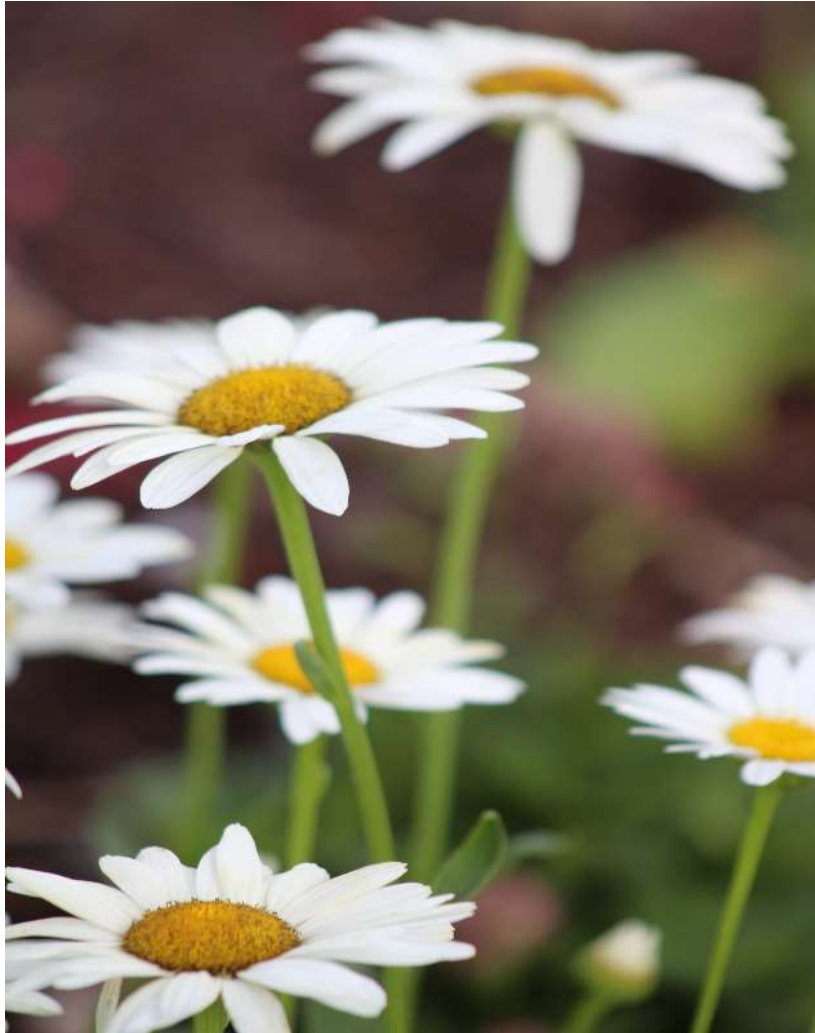




PARKDALE
UNITED CHURCH
COME • GROW • SERVE



Sunday, August 2nd, 2026 – 10:30 AM
Theme: Is there Enough?

Words to Ponder:

*“A Daisy does not pretend to be a Rose.
Be true to yourself – you are awesome just the way
you are! ”*

GATHERING AS COMMUNITY

**Please stand as you are able*

Prelude: All That We Have Piano – Dr. Keith

Welcome & Honouring the Land Alexandra Stockwell

Congregational Life and Ministry Alexandra Stockwell

Christ Candle Shirley Rey and Christine Farrell

Call To Worship Bev

No matter where we are

God is with us.

On the highest peaks

In the deepest oceans.

At the cottage, on the balcony

Or in our living rooms

Wrapped in cool shadows

Or in the bright noon sun.

No matter where we are

God is with us.

We are with God.

***Hymn: Come, Now Is The Time To Worship**

Gathering Prayer Hugh Nelson and Chris Halstead

Prayer of Confession: God is Forgiveness All

*"God is Forgiveness" is a meditative chant composed by the **Taizé Community** with music originally written by **Jacques Berthier**. Copyright & Publisher: © 2007, 2011 Les Presses de Taizé (administered in North America by GIA Publications)*

God is forgiveness.

Dare to forgive and God will be with you.

God is forgiveness.

Love and do not fear.

Embracing God's Love Bev

Sharing the Peace of Christ Bev

Sharing the peace, we greet each other using the words...

May the peace of Christ be with you.
And also with you.

Halle, halle, halle – lujah
Halle, halle, halle – lujah
Halle, halle, halle – lujah
Hallelujah, Hallelujah

***Wondering Hymn Part 1: Teach Me, God, To Wonder**
VU#299

1 Teach me, God, to wonder, teach me, God, to see;
let your world of beauty capture me.

Refrain: Praise to you be given, love for you be lived,
life be celebrated, joy you give.

2 Let me, God, be open, let me loving be;
let your world of people speak to me. R

Time to Wonder Rev. Natalie, Taras and Alex Matkovsky

***Wondering Hymn Part 2: Teach Me, God, To Wonder**
VU#299

3 Let me, God, be ready, let me be awake,
in your world of loving my place take.

Refrain: Praise to you be given, love for you be lived,
life be celebrated, joy you give.

4 Teach me, God, to know you, hear you when you speak,
see you in my neighbour when we meet. R

(Children and Youth may leave for their programs)

Special Music: Come And Find The Quiet Centre
Piano – Dr. Keith

Photos from July's Wednesday Walks with God

**Lectionary@Home: Genesis 32:22-31; and Psalm 17:1-7, 15;
Romans 9:1-5; Matthew 14: 13-21**

Focus Reading

Exodus 20: 8-11

Taras Matkovsky

Deuteronomy 5: 12-15

The Word of the Lord.

Thanks be to God.

Sermon:

“Freedom and Rest”

Rev. Natalie Matkovsky

Time for Silent Reflection

Confessing our Faith: A New Creed

We are not alone,
we live in God’s world.

We believe in God:
who has created and is creating,
who has come in Jesus,
the Word made flesh,
to reconcile and make new,
who works in us and others
by the Spirit.

We trust in God.

We are called to be the Church:
to celebrate God’s presence,
to live with respect in Creation,
to love and serve others,
to seek justice and resist evil,
to proclaim Jesus, crucified and risen,
our judge and our hope.

In life, in death, in life beyond death,
God is with us.

We are not alone.

Thanks be to God.

Prayers For Community

Bev

The Prayer that Jesus Taught (an adaption)

Source of all life,
divine Mother and Father of us all,
may your name be held sacred by all Creation.
May your kingdom come and your will

be lived here, as it is lived
by that great communion of saints
who have entered your Household!
I ask that what we *really* need be provided.
I ask that you forgive me my sins
and help me to forgive the people
who have sinned against me,
Keep me from that which would break me completely.
Help me to recognize and name the face of evil,
Knowing that you hold me safe.
Yours is the kingdom. *Yours* is the power.
Yesterday. Today. Forever.
Please let it be so. Amen.

(Written by Richard Bott, Grace U.C., Burlington, Ontario, published in Gathering 2026 and used with permission)

Sharing Our Gifts For Ministry Bev

Offertory: Give Me Jesus Piano – Dr. Keith
Traditional American Christian Song, Public Domain

Doxology: What Can I Do? MV#191

Dedication Of The Offering Bev

***Hymn:** Like A Healing Stream MV#144

Sending Forth

Sung Blessing: Sent Out In Jesus' Name MV#212

Postlude: Your Grace Is Enough Piano – Dr. Keith

Leading In Worship:

Bev Buckingham
Dr. Keith Hartshorn-Walton

Volunteer Associate Minister: Rev. Natalie Matkovsky

Audio: Susan Bailey Projection/Streaming: Rebecca Fillier

Greeters and Ushers

ANNOUNCEMENTS

Last week, **Canadian Blood Services** [issued a public call to action](#) regarding the immediate need for blood donors across Canada.

If you're eligible to donate, please do so now. We've opened more donation opportunities at various locations across the country with additional weekend appointments, and more whole blood donation appointments available in plasma donor centres. Book your appointment on blood.ca, using the **GiveBlood** App or by calling 1-888-2-DONATE.

See the bulletin board or the congregational email for full details.

The **Men's Breakfast** will be at Fil's Diner, 1209 Wellington, at 8 am on Thursday Aug. 6th.



Sept. 14th to Nov. 9th 2026 – 1 to 3 pm

Parkdale United Church hosts

Smart Aging, a series of eight weekly, interactive workshops covering key topics facing seniors today. Designed to provide information you need, before you need it, to make smart decisions at key transition points in your life. Cost is \$69.00. Participants should plan to attend all 8 workshops. Anyone in the community is welcome to join.



For more information, contact Hugh Nelson, hughnelson@rogers.com. To register, contact Jo-Anne at pdale@trytel.com.

Cornerstone Housing for Women in Ottawa experienced severe flooding during the July 1st storm. Our church community is invited to support their recovery by giving financially to help replace what was lost and restore safe, stable living conditions for women in crisis. Donations can be made at www.cornerstonewomen.ca.

Wednesday Walk With GOD

The next walk will be -

Wednesday August 19, 2026 – 9:30-11:30 am

Beryl Gaffney Park (off Rideau Valley Drive)

Interested? Please register by contacting the office: 613-728-8656 or pdale@trytel.com

We look forward to walking with you!

Blessings, Bev Buckingham & Jennifer Payne





Nursery is staffed today. Parents are welcome to use it for their babies and toddlers.



Movie & Popcorn: Sunday June 28 - Sept. 13

Children and youth will enjoy a movie and popcorn time in the Upper Room. If your child has not registered for Sunday school this year, please email Huda to register and let us know if there are any allergies. Please pick up your children from the upper room after the service.



Volunteer Teachers Needed: the popcorn and movie one-room Summer Sunday school is looking for teachers. Please sign up here if you can volunteer for a Sunday or two.

<https://doodle.com/group-poll/participate/b4v16mVe>

All material provided. Youth Volunteer hours. Speak to Huda for more info.



Parkdale Children Summer Camp:

Aug. 17-21

We still have spots available.

Invite a friend.



<https://forms.gle/TQsELr3XRHCZNiYr6>

Volunteers' registration form:

https://docs.google.com/forms/d/e/1FAIpQLSf0tJ_CIKV9KqaKHWrnpr0kK4zft2QAOTlugDdqB13u4ARUGw/viewform?usp=public-editor



Gracefield Congregational Camp will be on

Sept.11-13. Registration Deadline is Aug.23

Register here:

<https://forms.gle/eHTbqYSZnSp3K4Yz6>



Please speak with Huda for more information.

huda@parkdaleunitedchurch.ca



PARKDALE UNITED CHURCH MINISTRY TEAM

Ministry Staff:

Rev. Dr. Bob K. Fillier - *Coordinating Minister*

revbob@parkdaleunitedchurch.ca (available Monday-Thursday)

Huda Kandalaft Kanawati - *CDM for Youth and Families*

huda@parkdaleunitedchurch.ca (available Tuesday - Friday)

Bev Buckingham - *Minister for Pastoral Care*

bev@parkdaleunitedchurch.ca (available Tuesday - Thursday)

Dr. Keith Hartshorn-Walton - *Music and Worship Arts Director*

keith@parkdaleunitedchurch.ca (available by appointment)

Rebecca Fillier - *Communications Manager*

rebecca@parkdaleunitedchurch.ca (available by appointment)

Church Staff:

Emile Malboeuf - *Caretaker & Custodian*

contact the office (available Sunday - Monday and Wednesday - Friday)

Jo-Anne McGuire - *Office Manager*

pdale@trytel.com (available Monday - Friday)